

2011

# SA Active

A year-round guide to selected City of San Antonio Services, Programs and Events



## Trails

Explore the great outdoors



## Summer Youth Program

Learn, play, make new friends



## Parks

Play, relax, enjoy



## Dance

Your way to fitness



## Outdoor Fitness Equipment

Get active, get fit



## Seniors

Stay youthful, have fun

[www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec)



# Contents

- 1** Community Centers
- 2** Summer Youth Program
- 3** Summer Food Service Program and Summer Youth Program Fee Chart
- 4** Adapted Sports and Recreation
- 5** Adults and Seniors
- 6** Skate Plazas, Dog Parks, Disc Golf
- 7** Volunteer Services, Tree Planting and Recycling
- 8** Attractions and Parks and Recreation Rental Information
- 9** Library
- 10** Cultural Arts
- 12** Adult and Youth Sports
- 14** Youth Sports
- 15** Fitness Center
- 16** Swimming
- 18** Calendar
- 20** Natural Areas
- 23** Golf
- 24** Community Initiatives
- 26** Metro Health
- 29** Find Your Balance
- 30** Trails and Greenways

The SA Active Guide is produced by the City of San Antonio Parks and Recreation Department. For questions or comments contact Kelly Irvin. [Kelly.Irvin@sanantonio.gov](mailto:Kelly.Irvin@sanantonio.gov) or call 207-3000. All phone numbers listed in this guide are area code 210 unless otherwise noted.



City of San Antonio facilities are accessible. Requests for interpreter services must be made 48 hours prior to meetings. Call 207-7245 for Voice/TTY assistance.



**SA Active 2011**

## Get Active! Get Fit! Step up to Recreation!

Hike the trails, shoot some hoops, walk the dog, swim some laps or sign up for a dance or exercise class. Pick an activity you enjoy or try an entirely new one and join the Parks and Recreation family in staying active and fit. At the Parks and Recreation Department, we care about the health and well being of our citizens. That's why we encourage you to use the SA Active Guide to find the activity that's right for you and your family.

Review this guide carefully and you'll find there are plenty of great opportunities to keep your body and mind active.

Seniors are able to enjoy our four adult and senior centers and people with disabilities can choose from a wide variety of adapted sports. Join a softball, kickball or tennis league or sign up to learn some new dance moves. There are so many ways to improve your quality of life. We now offer more than 25 miles of greenway trails that are free for all to enjoy. More than 200 parks offer a variety of amenities including picnic tables, barbecue pits, playscapes, athletic fields, basketball courts, skate plazas, dog parks, disc golf and more.

Why do we want you to embrace an active and healthy lifestyle? The reasons are clear and the benefits are endless. You will not only look good, but you'll feel great!

The benefits of regular physical exercise include:

- Less stress
- Better sleep
- Reduced weight
- Improved health
- More energy and so much more!

It's also a great way for families to spend quality time together while strengthening family bonds and building cherished memories. The list goes on and on. Join our team. Get Active! Get Fit! Step Up to Recreation!

### Show us how much you LIKE us!

The San Antonio Parks and Recreation Department invites you to follow us on Facebook, Twitter and Youtube.



with the San Antonio Parks and Recreation Department  
[www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec) • 210-207-3000

## Have questions about city services?

## Call us at: 311

### Call to inquire about or report

- |                        |                          |
|------------------------|--------------------------|
| • Pot holes            | • Stray and dead animals |
| • Broken traffic signs | • Recycling assistance   |
| • Illegal dumping      | • Garbage collections    |
| • Junk vehicles        | • Brush collection       |
| • High weeds           | • Other City concerns    |



# Community Centers

Get Active! Get Fit! Exercise your body and your mind. You'll feel better and you'll stay healthier. The San Antonio Parks and Recreation Department's 24 Community Centers offer something for everyone. Drop in or call for more information on all the activities offered at the centers. You might even make new friends. We've adopted a new range of programming and hours at our community centers. The realignment of services includes 15 Regular Community Centers and nine Open Play Community Centers.

[www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec)

## Regular Community Centers

### Hours:

Monday–Thursday, 2 to 9 p.m.

Friday, 2 to 7 p.m.

Saturday, 9 a.m. to 5 p.m.

### Summer Hours: (June 11–Aug. 5)

Monday–Thursday, 7:30 a.m. to 9 p.m.

Friday, 7:30 a.m. to 6 p.m.

Saturday, 10 a.m. to 4 p.m.

Community Center	Address	Phone
Copernicus	5003 Lord Road	648-1072
Cuellar	5626 San Fernando	436-0908
Dawson	2500 E. Commerce	227-1627
Father Roman	11030 Ruidosa	627-2138
Garza	1450 Mira Vista	435-6806
Hamilton	10700 Nacogdoches	654-7749
Harlandale	7227 Briar Place	924-8021
Melendrez	5909 W. Commerce	434-0277
Miller's Pond	6175 Old Pearsall Rd	623-2900
Palm Heights	1201 W. Malone	922-1034
Ramirez	1011 Gillette	921-0681
San Juan	2307 Calaveras	225-5410
South Side Lions	3100 Hiawatha	532-1502
Ward	435 E. Sunshine	732-2481
Yates	528 Rasa	673-1152

## Open Play Community Centers

**Bode, Denver Heights, Meadowcliff, Normoyle, South San, Tobin and Woodard hours:**

Monday–Thursday, 3 to 9 p.m.

Friday, 3 to 7 p.m.

Saturday, 1 to 5 p.m.

### Dorie Miller

Tuesday–Friday, 3 to 7 p.m.

Saturday, 10 a.m. to 5 p.m.

### Fairchild

Monday–Thursday, 3 to 9 p.m.

Friday, 3 to 7 p.m.

### Summer Hours: (June 11–Aug. 5)

Monday–Friday, 7:30 a.m. to 5:30 p.m.

Friday, 7:30 a.m. - 6 p.m.

Saturday, 10 a.m. - 4 p.m.

### Fairchild

Monday–Friday, 7:30 a.m.-5:30 p.m.

Community Center	Address	Phone
Bode	901 Rigbsy Ave.	532-1212
Denver Heights	300 Porter	533-5242
Dorie Miller	2802 M.L. King	333-4650
Fairchild	1214 E. Crockett	226-6912
Meadowcliff	1260 Pinn Road	674-0820
Normoyle	700 Culberson	924-0770
South San	2031 Quintana	927-1640
Tobin	1900 W. Martin	225-0941
Woodard	1011 Locke Road	225-5445



## Community Center Recreation Opportunities

A wide variety of programming, including youth sports leagues, arts

and crafts, table games, homework assistance, nutrition education, dance and music, is available at Parks and Recreation Department Community Centers.

All the centers offer an eight-week Summer Youth Program.

Regular Community Centers also host special Spring Break, Thanksgiving and winter holiday camps for youth, ages 6 to 14, as well as a variety of special events throughout the year.

Teens, ages 13 to 18, are invited to join the Elite Teen Club offered at the Community Centers. The club offers field trips, tournaments, homework assistance, and assistance in finding a job and getting into college. It's a great place to make new friends and feel like you belong! Call your local Community Center for programming information. Following is a list of classes that will help you stay active and fit. Call your local Community Center for dates, times and fees.

### Basketball Skills

#### Hamilton Community Center

JASI Group Training (All Sports Training)

### Martial Arts

#### Copernicus Community Center

LadyTae-bo for adults

#### Cuellar Community Center

#### Garza Community Center

#### Miller's Pond Community Center

American Kempo Karate for youth and adults

#### Copernicus Community Center

#### Hamilton Community Center

S.A. Shaolin Kung Fu

#### Palm Heights Community Center

#### Miller's Pond Community Center

#### Yates Community Center

Martial Arts

#### Yates Community Center

Allied Martial Arts Institute

### Fitness

#### Ramirez Community Center

Aerobics for adults

#### Dawson Community Center

Cardio Fitness

#### Hamilton Community Center

#### Meadowcliff Community Center

#### South Side Lions Community Center

Zumba

#### Palm Heights Community Center

#### Ward Community Center

Yoga Hula Hoop

#### Ward Community Center

Muscular Strengthen Class

#### Woodard Community Center

Let's Go 210 Fitness



### Dance

#### Garza Community Center

ABC Drama and Dance Productions

#### Hamilton Community Center

Great Jubilee

Hawaiian Polynesian Dance Class





# Summer Youth Program

[www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec)



## Summer Youth Program – where fun and learning go hand in hand!

### Program Information

Summer Youth Program participants enjoy an entire summer of recreation-themed activities as well as a daily lunch and snack. Children participate in activities such as sports, crafts, games, art, science, fitness, nutrition and so much more. This program will be offered at approximately 65 area schools and Parks and Recreation Community Center sites throughout the city. The low cost program includes a free lunch and snack. Participants are grouped according to age and staff conducts age appropriate recreational activities accordingly.

The program utilizes the gymnasium, outdoor enclosed areas, multi-purpose rooms and other spaces depending on each individual site. The Summer Youth Program follows self monitoring guidelines that limit the number of participants per site. All sites maintain a 1:25 staff to participant ratio.

**Dates:** Monday–Friday; June 13 - Aug. 5 (Closed Monday, July 4)

**Time:** 7:30 a.m.–5:30 p.m.

**Ages:** 6–12 year olds at School Sites, 6–14 year olds at Community Centers

**Fee:** Summer Participant fees are based on a sliding scale according to income and family size. See Summer Participant Fee Chart on page three. If you presume that your family will qualify for a reduced fee, an Income Verification Form must be completed prior to or during the designated registration dates and times.

### Income Verification

To find out if your family qualifies for the reduced rate prior to registration, you may complete the Income Verification Form at any Parks and Recreation Community Center during center hours of operation or at the Ron Darner Parks and Recreation Operations Headquarters, 5800 Old Hwy 90 West.

Hours: 8 a.m.–4 p.m., Monday–Friday

**The following items must be presented in order for a family to qualify for the reduced rate.**

### Requirements for Income Verification: (all that applies)

- Parent / Legal Guardian must be present.

- 2009 Federal Income Tax Return (2010 Federal Income Tax Return if completed after April 18, 2011).

- 2010–2011 School free or reduced lunch qualification form.

- Social Security Income documents.

- TANF, SNAP, Lone Star Card, Medicaid and/or CHIP award documents.

- Notarized employment verification document if applicable.

- **No W-2 forms will be accepted.**

### Requirements for Family Size Verification: (all that applies)

- Birth Certificates/Adoption documents for all children in the family household.

- Original and copy of Guardianship/Power of Attorney documents (notarized).

- Marriage Certificate (to determine lineage of child).

- Court Orders.

- Foster Care documents.

### Registration Requirements:

- Parent/Legal Guardian must be present.

- Birth Certificates/Adoption documents for all children in the family household.

- Original and copy of Guardianship/Power of Attorney documents (notarized).

- If applicable, the approved Income Verification Form. The Income Verification Form can be completed at the time of registration. **Please bring all applicable documents listed above.**

- Cash or Money Order made payable to: City of San Antonio.

## For information on Summer Youth Program Registration:

Check the website at [www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec) or call 207-3000.

## Teen Connection Summer Program

207-3000

**Lincoln Community Center**

**Hours: 11 a.m. to 8 p.m.**

**Melendrez Community Center**

**Hours: 11 a.m. to 8 p.m.**

Teens ages 13 to 18 can stay physically active and involved Monday through Friday, June 13 through Aug. 5. This program offers a safe, supervised free open gym and active games and sports.

## Summer Youth Program School Site Registration

All registrations will be held from 8 a.m. to 12 noon

**School sites are subject to change. Please call 207-3000 to confirm or visit [www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec).**

**April 2, 2011**

### Ron Darner Parks & Recreation Headquarters

5800 Old Hwy 90 West

**Northside ISD Sites:** Locke Hill ES; Martin ES; Passmore ES; Valley Hi ES

**Parks & Recreation Site:**

Woodlawn Gymnasium

**Edgewood ISD Sites:** Gardendale ES; HB Gonzalez ES; Las Palmas ES; Loma Park ES; Perales ES; Roosevelt ES; Stafford ES

**April 2, 2011**

### Ramirez Community Center

1011 Gillette Blvd.

**Harlandale ISD Sites:** Adams ES; Bellaire ES; Carroll Bell ES; Schulze ES; Stonewall - Flanders ES

**South San ISD Sites:** Armstrong ES; Benavidez ES; Carrillo ES; Kindred ES, Madla ES

**April 9, 2011**

### Ron Darner Parks & Recreation Headquarters

5800 Old Hwy 90 West

**San Antonio ISD Sites:** Arnold ES; Barkley - Ruiz ES; Beacon Hill ES; Crockett ES; Hillcrest ES; Madison ES; Neal ES

**April 9, 2011**

### Copernicus Community Center

5003 Lord Rd.

**San Antonio ISD Sites:** Forbes ES; Gates ES; Hawthorne Academy; Pershing ES; Washington ES

**Church Site:** Our Lady of Sorrows

**Judson ISD Sites:** Miller's Point ES, Woodlake ES

## Community Center Registration

Community Center registration is ongoing until all available slots are filled. Please call the Community Center of your choice listed on page one to check availability or visit [www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec)



# Summer Youth Program

[www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec)

## Summer Food Service Program

The Parks and Recreation Department will operate a Summer Nutrition Program at more than 100 sites this summer.

Food will be served at Summer Youth Program sites as well as outside agencies from June 13 to Aug. 5. High quality meals similar to those served during the school year by the National School Lunch and Breakfast programs are offered free for youngsters ages 18 and under at the pre-approved sites. Meals are usually served around 11:30 a.m. and snacks at 3 p.m. Children do not have to be registered at the site in order to participate in the Nutrition Program. Call 207-3000 or visit [www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec) for a site in your neighborhood.

**Legal Notice:** The City of San Antonio is participating in the Summer Food Service Program. Meals will be provided to all children without charge and are the same for all children regardless of race, color, national origin, sex, age or disability, and there will be no discrimination in the course of the meal service. Meals will be provided at the sites listed at [www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec). To file a complaint of discrimination, write or call immediately to: USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C., 20250-9410, (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.



### San Antonio Parks and Recreation

## 2011 Summer Youth Program Fee Chart

June 13–August 5, 2011

Full Program Fee Level 1		Summer Youth Program Fee		
Family Size	Annual Income	1 Child	2 Children	3 or More Children
2	\$29,141 or More	\$250	\$400	\$550
3	\$36,621 or More			
4	\$44,101 or More			
5	\$51,581 or More			
6	\$59,061 or More			
7	\$66,541 or More			
8	\$74,021 or More			
For each additional person, add	\$3,740			

REDUCED Program Fee Level 2		Summer Youth Program Fee		
Family Size	Annual Income	1 Child	2 Children	3 or More Children
2	\$29,140 or Less	\$20	\$30	\$40
3	\$36,620 or Less			
4	\$44,100 or Less			
5	\$51,580 or Less			
6	\$59,060 or Less			
7	\$66,540 or Less			
8	\$74,020 or Less			
For each additional person, add	\$3,740			

Source: Federal Register (January 23, 2009 (Volume 74, Number 14)), (Pages 4199-4201)

**NO ADDITIONAL FEE FOR MORE THAN THREE (3) CHILDREN**  
Should you wish to qualify for Level 2 - Reduced Program Fees one of the following documents is required for the Income Verification Process:

- 2009 Federal Income Tax Return (2010 Federal Income Tax Return if completed after April 18, 2011).
- 2010-2011 School free or reduced lunch qualification form

- Social Security Income documents.
- TANF, SNAP, Lone Star Card, Medicaid and/or CHIP award documents.
- Notarized employment verification document if applicable.
- No W-2 forms will be accepted.

Should you need assistance, please call 207-3000 for more information

[www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec)



# Adapted Sports and Recreation

[www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec)

## Rebuilding Strength and Renewing Independence



### 207-2018, 207-3210 or 207-3048

Whether it's wheelchair football, basketball, softball, tennis, golf, rugby or bowling, those living with disabilities are able to rebuild their strength and gain a renewed sense of independence all while having fun, learning new skills, and making new friends. The Parks and Recreation Department's Adapted Sports and Recreation Program provides recreational programs and adapted sports activities year-around for both youth and adults with physical and intellectual challenges.

The Parks and Recreation Department offers a community-based wheelchair and adapted sports program that provides classes, clinics, and recreational experiences in the following: Wheelchair Football, Wheelchair Softball, Wheelchair Basketball, Cycling and Hand cycling, Wheelchair Rugby, the Al and Christina Trevino Adapted Golf Program, and Tennis and Wheelchair Tennis Clinics.

A fee per sport for the year is required with registration; \$12 for youth, \$20 for adults and \$10 for seniors. The program also offers a fitness component at the inclusive Lincoln Community Center, 2915 E. Commerce. Special Olympics Texas sports and competitions are also part of the offerings.

Community special events are offered throughout the year, including dances, parades, and other special activities. These events are open to all persons in the community with physical and intellectual challenges and their family and friends. Individuals requiring supervision must have a chaperone.

For more information, call 207-3018 for Special Events, 207-3210 for Adapted Sports or the Program Supervisor at 207-3048. Check out updates to our calendars of events which are listed on the website at [www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec).



### Teen Summer Day Program

June 13-Aug. 5  
Lincoln Community Center  
2915 E. Commerce  
Teens, ages 13 to 19, with physical or developmental/intellectual challenges are invited to sign up for this program that offers a variety of recreational activities. The fee is \$10 per weekly session and advanced registration and payment are required. Participants must be able to function socially in a community group setting; staff to participant ratio is 1 to 8.

### Adapted Sports Program

#### Wheelchair Football

Mondays  
5-7 p.m.  
Nov. 2011 into 2012  
Fee: \$20  
Mays Family Field of Dreams  
2029 Callaghan

#### Wheelchair Softball

Mondays  
5-7 p.m.  
March 7-May 23, 2011  
Aug. 22-Oct. 24, 2011  
Fee: \$20  
Mays Family Field of Dreams  
2029 Callaghan

#### Recreational Wheelchair Basketball

(Year-Round)  
Tuesdays, 7-10 p.m.; 6:30 p.m. arrive, prep and warm-up  
Fee: \$20 per year  
Lincoln Community Center  
2915 E. Commerce St.

#### Al & Christina Trevino Adapted Golf Program – Golf Sessions

Wednesdays  
5-7 p.m.  
March 2-May 25 and Sept. 7 – Nov. 16, 2011  
Fee: \$20  
San Pedro Driving Range and Par-3  
Golf Course  
6102 San Pedro

### Wheelchair Rugby

(year-round recreational play except for June and July)

Wednesdays, 7-10 p.m.; 6:30 p.m. arrive, prep and warm-up  
Fee: \$20  
Ruff Ryder Team Practices (registered team players only)  
Saturdays, 10 a.m.-2 p.m.  
Sept. 2011-April 2012  
Lincoln Community Center  
2915 E. Commerce St.

### Texas Cup Wheelchair Rugby League

(Tournament play between Texas teams)

Saturdays  
9 a.m.-6 p.m.  
April 30, Sept. 10; Dec. 17, 2011  
Lincoln Community Center  
2915 E. Commerce

### Andy Beck Classic Wheelchair Rugby Tournament

Saturday, Nov. 5 and Sunday,  
Nov. 6, 2011, 9 a.m. - 6 p.m.  
Call for exact tournament schedule & team entry fee  
Lincoln Community Center  
2915 E. Commerce

### Adapted Cycling and Hand cycling

(Year-Round)  
Thursdays  
4:30-7 p.m.  
Fee: \$20  
Mission County Park #2  
6030 Padre

### Fitness & Exercise Workout Program

(Year-Round)  
Mondays – Fridays  
4-8 p.m.  
Free  
Lincoln Community Center  
2915 E. Commerce  
A workout room with fitness equipment and free weights for ages 14 and up is available

## Why work for the San Antonio Parks and Recreation Department?

Learn more about all the career opportunities the Parks and Recreation Department offers and find the right one for you.

Apply on-line at [www.sanantonio.gov/hr](http://www.sanantonio.gov/hr)  
For information, contact Michelle Gonzales at  
210-207-3171 or [Michelle.Gonzales@sanantonio.gov](mailto:Michelle.Gonzales@sanantonio.gov)

- Flexible Hours/Great Summer Job!
- We have all sorts of fun!
- Competitive summer pay!
- Make a positive impact on your community.
- Feel good about your job!
- Get paid to play with kids, be outside, stay active!
- The experience looks good on your resume!





# Adults and Seniors

[www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec)



## Commander's House

645 S. Main at Durango Street  
224-1684

**Monday - Friday, 7:45 a.m.-4:30 p.m.**  
**Annual Membership Fee - 60 Years and Older: \$5; 50 to 59 years: \$10**

A vintage home in the King William District, The Commander's House Senior Center provides a wide array of programming for people 50 years of age or more. From Adventure Club to Driver Safety Classes active seniors can choose from any number of great activities.

Participants are invited to kick up their heels and improve their health by participating in a Low Impact Aerobics, Line Dancing or Nutrition Class. Health talks and fairs are also part of the fitness program. Delicious and nutritious home cooked meals make for a great mid day get-a-way. Thanks to a generous 15-year partnership with H-E-B, meals are served every Tuesday, Wednesday and Thursday at noon. At an affordable \$3 a meal you'll want to make a reservation today!

Groups of all types meet regularly at Commander's House to enjoy activities such as Bunco, Ceramics, Quilting, and Wii Bowling. Classes are also offered in Painting, Pottery, Guitar, Keyboard, Percussion and Recorder.

You're invited to our many annual specialty events such as Holiday BBQ's, Dinners and Themed Parties. So whatever your interests, karaoke or crafting or dominoes or dancing, you are sure to find something fun and exciting to do at Commander's House.

## Granados Adult and Senior Center

500 Freiling, 207-3285

**Monday & Wednesday, 8 a.m.- 7 p.m.**  
**Tuesday & Thursday, 8 a.m.- 8 p.m.**  
**Friday, 8 a.m.- 6 p.m.**

**Annual Membership Fee - 60 Years and Older: \$5; 18 to 59 years: \$10**

Join the fun at Virginia Marie Granados Adult and Senior Center and take advantage of recreational, educational and social programs. Relax in the Library with a good book, be creative with your hands in the Art Studio, or exercise in the Fitness Room and fitness classes.

With a focus on promoting healthy lifestyles, both physically and mentally, a variety of classes are offered to achieve your personal goals. Programs range from fitness to arts and crafts to card games.

Classes include: Stretch and Flexibility Exercise, Total Body Toning, Line Dancing, Arms and Abs Fitness, Zumba Fitness, Yoga, Deep Breathing and Relaxation, Middle Eastern Dance, Ping Pong, Oil and Acrylic Painting, Drawing, Scrap booking, Jewelry Making and Art Appreciation. Members are also invited to join the stitching group or the book club or play games such as bunco, bridge, dominoes, Mah Jongg, canasta, and Scrabble. Outings to local points of interest and trips to area restaurants during "Gourmets on the Go" are favorites.

Other fitness opportunities include a Wii gaming system, a fitness room with cardio and strength training equipment, and a weight loss group. A volunteer instructor teaches computer classes in the center's computer room.

Holidays parties and other special events are held throughout the year, including health fairs, S.N.A.P. van, and AARP Safety Driving classes. You're invited to stop by for a tour and see first-hand the multitude of classes offered at Granados. Don't miss out on any more fun. Come home to Granados!

## Lion's Field Adult and Senior Center

2809 Broadway, 826-9041

**Monday-Thursday, 7:30 a.m. - 9 p.m.**  
**Friday, 7:30 a.m. - 7 p.m.**

**Annual Membership Fee - 60 years and Older: \$5; 18 to 59 years: \$10**

Lion's Field staff invites you to stay youthful, have fun and make new friends at this truly multipurpose adult and senior center! Participants can partake in a wide variety of free and low cost classes and programs for adults and seniors (18 and up). Classes include exercise, yoga, ceramics, print-making, pottery, sculpture, glass fusing and a variety of other arts and crafts and music instruction.

Members who enjoy a good read are invited to join the book club or join in the fun with a number of regular table game groups such as bridge, dominos, Mah

Jongg, Bunco, chess and Scrabble. Special events and open meetings occur frequently, including local neighborhood association and civic group gatherings as well as a variety of gardening and related groups and even Ukulele and hula performances. Other musical offerings are scheduled regularly such as acoustic music and ukulele jams. Driver safety classes are offered quarterly.

Holidays and special occasions are celebrated with music and good food. There are often special Saturday events as well. The center's anniversary is celebrated annually in July with an Open House, Reception and Student Art Show.

There's a strong focus on health promotion featuring informational presentations on a variety of health-related topics, a fitness room, and a variety of programs to keep folks moving. Physical activity is particularly encouraged with free daily morning exercise classes.

Class registration is done at the center and many classes are either free of charge or have nominal fees. Call for more information or drop in for a tour and to meet the staff.

## Virginia Gill Adult and Senior Center

7902 Westshire, 675-2123

**Hours: Monday-Friday, 9 a.m. to 6 p.m.**

Are you an adult or senior who desires to get involved, get active or get fit? If so, come join the fun at the Virginia Gill Adult and Senior Center. Be a part of an inviting and friendly atmosphere like none other. What's the cost you ask? It's free! There are a variety of classes to keep you healthy and connected with friends. Join us for field trips, Therapeutic Dance Class, Computer Class, Exercise Class, ceramics, board games, Wii gaming or sewing. Do you enjoy walking, but don't want to walk alone? If so, join our morning walking group.

Seniors ages 60 and older are invited to lunch! As part of the City of San Antonio's Comprehensive Nutrition Project, the Center, along with the Department of Community Initiatives, provides seniors, with a midday meal.

# Skate Plazas

## Skateboard Into Fitness

**Perform a boardslide, a switch stance or a heel flip. From avid skateboarders who know all the latest tricks to beginners, the Parks and Recreation Department offers plenty of opportunities for you to work those muscles and burn calories at one of 14 skate plazas around town. They include:**

<b>Bellaire Park</b> 733 Ansley Road	<b>Cuellar Park</b> 5626 San Fernando	<b>Lackland Terrace Park</b> 7902 Westshire (open summer 2011)	<b>LB Johnson Park</b> 733 Ansley Road	<b>Martinez Park</b> 201 Merida
<b>Medina Base Rd. Park</b> 6303 Medina Base Road	<b>Nani Falcone Park</b> 7625 Mystic Park (open summer 2011)	<b>Normoyle Park</b> 700 Culberson	<b>Oscar Perez Park</b> 8601 Timber Path	<b>Palo Alto Park</b> 1625 Palo Alto
<b>Rosedale Park</b> 303 Dartmouth (open summer 2011)	<b>San Pedro Springs Park</b> 1305 San Pedro Ave.	<b>South Side Lions Park</b> 3100 Hiawatha	<b>Spring Time Park</b> 6571 Spring Time	



The premier location for skating is LBJ's skate facility. It features a 7,000 square-foot skate bowl ranging from five to nine feet deep; an 1,800-square foot deck with five-foot quarter pipe ramp and a five-foot bun pyramid.

For more information, call 207-8480 or visit: [www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec)

# Dog Parks

## Where People and Dogs Play!

The freedom to run off-leash and interact with other pets - it's a dog's dream that has become a reality at four City parks now offering dog parks.

Hours are 5 a.m. to 11 p.m. with the exception of Hardberger Park where the park is open from sunrise to sunset. Dog owners are limited to two dogs per adult and dogs must have current vaccinations. All owners are encouraged to pick up and dispose of their animals' waste. Let's keep the dog parks in great shape for both our four-legged companions and our other visitors.

### Phil Hardberger Park East Dog Park

This 1.8 acre dog park located just east of the Blanco Road parking lot, 13203 Blanco Road, offers plentiful shade from mature oak and cedar elm trees; wood chip mulch ground cover, mutt mitt dispensers, picnic tables and limestone block seating. Pups will enjoy the functional people and pet fountain as well as a dog trough where multiple canines can cool off all at the same time.

### Phil Hardberger Park West Dog Park

A 1.5 acre dog park featuring a separate area for small dogs will open on the 8400 N.W. Military Hwy. side of the park on May 21, 2011.

### Madison Square Park Dog Park

This two-thirds of an acre dog park located at 400 Lexington in downtown San Antonio features benches for people and fountains for pets.

### McAllister Park Dog Park

This haven for canines is located near the park entrance at 11700 Starcrest and features a 1.5 acre fenced area with a covered picnic table, benches, exercise equipment and a walking trail.

### Pearsall Park Dog Park

This dog park located at 4700 Old Pearsall Road features a one and one-half acre fenced-in area that offers a great place for dogs to run off-leash. Bright greens, reds and yellows make the fenced-in area stand-out with picnic tables and trash cans as well as agility equipment. Even the fence and the park toilet enclosures sport a "dog paw" design.

## Coming Soon!

### Tom Slick Creek Dog Park

This new one acre dog park featuring separate areas for large and small dogs is located to the right of the park entrance at 7400 Hwy. 151. Amenities include, benches, picnic tables, a fountain for people and pets and a special doggie shower.



# Disc Golf

## Take Aim with Disc Golf

Golf enthusiasts are invited to try their hand at a different game that is taking off across the country: disc golf. The 18-hole course at McClain Park, 15700 O'Connor Road, is one possibility or you can try the nine-hole course at Nani Falcone, 7625 Mystic Park, for a slightly shorter game. A second 18-hole course is available at Pearsall Park, 4700 Old Pearsall Road.

The McClain course, designed by Shawn Lowe and Wayne Atkinson, consists of 18 holes, total par is 56 and the total length is 5,533 feet.

The courses are unstaffed and available on a first-come, first-serve basis. While park hours are 5 a.m. to 11 p.m., the courses are not lighted and are suitable for use only

during daylight hours. Admission is free.

Disc golf rules are similar to those used in club golf. It is played like ball golf using a flying disc and trying to toss it into pole baskets. One point is scored each time the disc is thrown and each time a penalty is incurred. The object is to acquire the lowest score. For more information, call 207-8480.



# Volunteer Services

[www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec)

## It's your Park: pitch-in!

From tree plantings, graffiti wipeout and litter pick-up, the Parks and Recreation Department offers many opportunities for you to pitch-in! We welcome civic organizations, schools, clubs, Boy and Girl Scout troops and interested citizens, who wish to help clean, maintain and upgrade City parks. We also assist corporations and businesses looking for employee service projects and organizations bringing large conventions to San Antonio.

All tools, supplies and technical support are provided for each volunteer project. Scope of work varies and almost any size or age group can be accommodated.

For more information on volunteering call 207-2899 or e-mail [gabriela.tello@sanantonio.gov](mailto:gabriela.tello@sanantonio.gov).

View the event calendar at:  
[www.sanantonio.gov/parksandrec/calendar.aspx](http://www.sanantonio.gov/parksandrec/calendar.aspx)

## Adopt-A-Park

Our goal is to expand sustainable resources through community partnerships to preserve, beautify and protect our City Parks. The benefits of Adopt-A-Park include: Growing your organization through community service and team building, promoting civic engagement, pride and environmental stewardship and helping to raise maintenance levels which, in turn, increases the quality of parks and facilities and helps to beautify our parks. Your contribution of time and effort ensures that our parks remain beautiful.

## How does the program work?

Your group, business or organization may adopt a park after consultation with staff. We will assist you in determining which park will benefit most from your efforts and will be most convenient for your corps of volunteers. Maintenance efforts will be tailored to your adopted park and support materials will be provided.

Recognition: Groups that complete annual time benchmarks receive special recognition for their efforts. Examples include: Recognition on the Parks and Recreation website, a certificate of adoption, a complimentary reservation of a pavilion or facility and an Adopt-A-Park sign displayed in the park.

To schedule a presentation for your organization or for more details, call 207-8603 or e-mail [meredith.ruiz@sanantonio.gov](mailto:meredith.ruiz@sanantonio.gov).



## Family Days, New for 2011!

New for 2011! Looking for opportunities to introduce volunteerism and stewardship to your child? Join us for our upcoming Family Volunteer Days:

April 16-Trees, June 4-Graffiti, Aug. 13-Litter

Each event will feature a hands-on activity, a children's book reading, and a stewardship activity. Family Volunteer Days are geared toward children, ages 5 to 10, and their parents or guardians. Reservations are required. Call 207-8603 or e-mail [meredith.ruiz@sanantonio.gov](mailto:meredith.ruiz@sanantonio.gov).

# Plant Trees San Antonio

Great Parks are  
Rooted in Trees

We're improving our tree canopy one tree at a time! We've embarked on a \$1.4 million tree planting initiative that will result in 9,000 trees being planted in 80 City parks by June 2011. Funding is from the Tree Mitigation Fund. Everyone is encouraged to join in the initiative, which has the long term goal of increasing the tree canopy from 38 percent to 40 percent. To reach that goal, San Antonio must plant 450,000 trees.



## Tree adoptions

If you've always wanted to add more shade to your yard, now is the time to do it. We continue to offer tree adoptions as part of the Plant Trees San Antonio campaign. A variety of native trees are given away during events such as Earth Day, held in April each year, and Texas Recycles Day, held in November.

## Neighborhood and Commercial Tree Challenge

We're encouraging our citizens to plant trees! Neighborhoods and businesses are asked to submit applications each spring. This program includes free mulch and TreeGator irrigation bags along with education on proper planting, establishment and maintenance. Each applicant is eligible to receive up to 25 free trees. Two neighborhood projects and one commercial project are selected in each of the 10 City Council Districts. For more information call 207-3108 or visit [www.sanantonio.gov/parksandrec/tree.aspx](http://www.sanantonio.gov/parksandrec/tree.aspx)

## Green Shade Tree Rebates

Receive a \$50 rebate per tree, up to \$150, from CPS Energy when you purchase a qualified tree and plant it in the right place to save on your energy bill. This program ends April 30, 2011 and will begin again in the fall. Visit: [www.cpsenergy.com/residential/rebates/green\\_shade\\_trees/index.asp](http://www.cpsenergy.com/residential/rebates/green_shade_trees/index.asp) for more information.

# Recycling

## It's your park, recycle San Antonio!



We're inviting citizens to go green and recycle in our City parks. Look for Blue Recycling Centers in the following parks: Brackenridge, Elmendorf Lake, Miller's Pond, O.P. Schnabel and Woodlawn Lake parks, and at the trailheads on our Leon Creek, and Medina River greenway trails. In Hardberger Park, look for gray animal proof Recycling Centers. Blue Recycling Centers will also be installed at McAllister, San Pedro and South Side Lions Parks and on the Salado Creek Greenway by the end of summer 2011.

## Do's and Don'ts

- Recycling centers are for plastic and glass bottles and aluminum cans only.
- Please empty any liquids from bottles or cans before recycling.
- Food, paper plates and other waste products should go in the regular trash.

# Attractions

## Japanese Tea Garden

3853 N. St. Mary's St., 212-8423, Free  
Hours: Open daily from sunrise to sunset  
[www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec)

Visitors and residents, young and old, are invited to enjoy the beautiful floral displays, the waterfall and the ponds filled with Koi and aquatic plants. The Japanese Tea Garden, adjacent to the Sunken Garden Theater in Brackenridge Park, is an extraordinary example of the reuse of an old rock quarry which dates back to 1899 and remnants can still be seen in the garden's architecture. The site is designated as a Texas Civil Engineering Landmark, a Registered Texas Historic Landmark and is listed on the National Register of Historic Places.

Coming soon, summer 2011! The historic Jingu House will be home to the Bamboo Room, a tea room offering light lunches and refreshments for sale to visitors to the garden.

## San Antonio Botanical Garden

555 Funston, 207-3255, 9 a.m.- 5 p.m. daily  
Admission: \$8 Adults; \$5 Children (age 3-13); \$6 Senior Citizens (65 and over); \$6 Active Military

personnel, Retirees, and Reservists (with current ID); \$6 Students (with current ID); Group rates for groups of 15 or more.

Visitors to the Botanical Garden will enjoy a 33-acre oasis of colorful plants, fragrant flowers, trees, butterflies and birds. The San Antonio Botanical Garden invites you to enjoy the awe-inspiring world of nature. Guests are invited to stroll the Texas Native Trail, the Water Saver Garden and WaterSaver Homescapes, the Old Fashioned Garden, the Conservatory and the Rose Garden. They're also treated to special exhibits such as Art in the Garden and special events including Shakespeare in the Park, Bootanica, Chocolate Day, Dog Days of Summer, Family Days and Viva Botanica. There are so many fun and exciting activities and events to enjoy you won't know where to begin.

## Ongoing Events

**Children's Vegetable Garden.** 9 a.m.-11 a.m. Ages 8-13. Feb. 19- June 4, Saturdays. Call 467-6575 or e-mail [dhrodriguez@ag.tamu.edu](mailto:dhrodriguez@ag.tamu.edu)

**Monthly Water Saver Walks.** 10 a.m. First Friday and third Saturday of every month. Jan.-June and Oct.-Nov. Free with garden admission. Learn how to save water and still have a great looking garden by touring the **SAWS WaterSaver Gardens.**

**New Volunteer Orientation.** 9 a.m. First Friday of every month (except March and



Nov.) meet in the Education Building and learn about volunteer opportunities in the Garden, no admission fee required to attend orientations.

**Little Sprout Mondays.** 10 a.m.-11:30. Ages 3-4. Second Monday of the month. Jan.-May and Sept.-Dec. Advance registration not required. \$3 per child plus garden admission.

**Beginner Bird Walks.** 9 a.m. The third Saturday of the month. Free with garden admission.

**Native Plant Walks.** 10 a.m. Explore our 11-acre Texas Native Trail with a Master Naturalist! Come take a "walk across Texas!" Dates: April 9 - East Texas, Oct. 22 - Hill Country, Nov. 5 - South Texas, Nov. 18 - East Texas.

**See Calendar on pages 18 and 19 for 2011 Classes and Events.**

# Parks & Recreation Rental Information

## Come celebrate with us!

If you're celebrating a birthday, a wedding, or a well earned retirement or your organization or company is hosting a big event, the City of San Antonio offers a wide variety of parks, picnic pavilions, community centers, mass facilities and community facilities citywide. Rental fees are charged for most picnic pavilions and rental and deposit fees are charged for all special events held in parks, mass facilities and community facilities.



## Reservation Procedures:

To make a reservation call 207-PARK (7275) or visit a Community Link Service Center. Hours: Monday-Friday, 8 a.m.-5 p.m.

**City Base Community Link Service Center**  
Location: 3154 S.E. Military Drive, Suite 102  
Phone: (210) 207-6570

**Las Palmas Community Link Service Center**  
Location: 803 Castrovilla Road, Suite 417  
Phone: (210) 207-6545

**Valley View Community Link Service Center**

Location: Valley View Shopping Center  
8523 Blanco Road at West Avenue  
Phone: (210) 207-6150

**Oak Ridge Community Link Service Center**  
Location: Oak Ridge Plaza Shopping Center  
11220 Perrin Beitel, Suite 112  
Phone: (210) 207-5165

**South Park Mall Community Link Service Center**

Location: South Park Mall  
2310 S.W. Military Drive, next to JC Penney  
Extended Hours:  
Monday-Friday, 10 a.m.-7 p.m.  
Phone: (210) 207-6141

## Special Events

Special events such as concerts, runs, walks and festivals must be booked through Cheryl Kinder-vater by calling (210) 207-3053.

## Clean-Up/Damage Deposits:

In addition to the permit fee, community center rentals, mass picnic facility rentals and park rentals for special events are subject to a clean-up/damage deposit. For community centers, that deposit is \$50 for a non-special event rental and \$100-\$500 for a special event. The deposit varies for the other two categories and is based on the number of people expected to attend the event.

The clean-up/damage deposit will be refunded if the site is left clean, in good order and with no damage or theft of city property.

## Security

For security, please contact the Park Police at 207-2166. Permit holders are responsible for hiring a certified law enforcement officer for the protection of the facility and its occupants, if any of the following applies:

Groups of 75 or greater, DJ, live music, rally or alcoholic beverages are present.

The following scale determines the number of officers needed:

1 officer for groups of 75 - 100

2 officers for groups of 101 - 200

3 officers for groups of 201 - 300

4 officers for groups of 301 - 400

5 officers for groups of 401 - 500

(No one will be allowed to enter once you have reached the maximum number of people based on the number of officers provided.)

**Note:** This scale does not apply to Sunken Garden Theater, mass pavilion rentals or special events. Permit holders must call 207-2166 to request security.

**Picnic Pavilion Fees (most facilities)**

## Weekend Rates

\$100 to \$120 first four hours

\$30 each additional hour

## Weekday Rates

\$50 to \$70 first four hours

\$30 each additional hour

## Community Facility Fees

\$150 first four hours

\$30 each additional hour

## Community Center Fees

Gym rental \$25 per hour

**Special event rental (no admission)**

\$50 per hour plus deposit

**Special event rental (admission charged or food served)**

\$75 per hour plus deposit

For complete list of Park Rentals visit [sanantonio.gov/parksandrec/reserve.aspx](http://sanantonio.gov/parksandrec/reserve.aspx)



# San Antonio Public Library

Central Library 600 Soledad Street	207-2500
Bazan Branch Library 2200 West Commerce Street	225-1614
Brook Hollow Branch Library 530 Heimer Road	496-6315
Carver Branch Library 3350 East Commerce Street	225-7801
Cody Branch Library 11441 Vance Jackson Road	696-6396
Collins Garden Branch Library 200 North Park Boulevard	225-0331
Cortez Branch Library 2803 Hunter Boulevard	922-7372
Forest Hills Branch Library 5245 Ingram Road	431-2544
Great Northwest Branch Library 9050 Wellwood	684-5251
Guerra Branch Library 7978 Military Drive West	673-1492
Igo Branch Library 13330 Kyle Seale Parkway	561-6113
Johnston Branch Library 6307 Sun Valley	674-8410
Landa Branch Library 233 Bushnell Avenue	732-8369
Las Palmas Branch Library 515 Castroville Road	434-6394
Maverick Branch library 8700 Mystic Park	680-9346
McCressless Branch Library 1023 Ada Street	532-4254
Memorial Branch Library 3222 Culebra Road	432-6783
Mission Library 3134 Roosevelt Avenue	
Pan American Branch Library 1122 West Pyron Avenue	924-8164
Parman Branch Library 20735 Wilderness Oak	
Pruitt Library/Roosevelt H.S. 5110 Walzem Road	650-1200 ext.360
San Pedro Branch Library 1315 San Pedro Avenue	733-1454
Semmes Branch Library 15060 Judson Road	650-9540
Thousand Oaks Branch Library 4618 Thousand Oaks Drive	657-5205
The Tobin Library at Oakwell 4134 Harry Wurzbach Road	828-2569
Westfall Branch Library 6111 Rosedale Court	344-2373

## HOURS

Central Library	
Monday-Thursday	9:00 a.m. - 9:00 p.m.
Friday-Saturday	9:00 a.m. - 5:00 p.m.
Sunday	11:00 a.m. - 5:00 p.m.

BRANCHES	
Monday	12:00 noon - 8:00 p.m.
Tuesday	10:00 a.m. - 6:00 p.m.
Wednesday	12:00 noon - 8:00 p.m.
Thursday-Sunday	10:00 a.m. - 6:00 p.m.

BRANCHES	
Monday	10:00 a.m. - 6:00 p.m.
Tuesday	12:00 noon - 8:00 p.m.
Wednesday	10:00 a.m. - 6:00 p.m.
Thursday	12:00 noon - 8:00 p.m.
Friday-Sunday	10:00 a.m. - 6:00 p.m.

Pruitt Public Library/Roosevelt High School	
School Year Hours	
Monday - Thursday	4 p.m. - 8 p.m.
Friday	CLOSED
Saturday - Sunday	10 a.m. - 6 p.m.

Summer Hours	
Monday, Wednesday, Friday,	
Saturday, Sunday	10 - 6 p.m.
Tuesday, Thursday	12 - 8 p.m.

## Your Library has gone Digital!

From rock to rap and country to classical, all you need to enjoy free access to hundreds of thousands of tunes is your library card. Free music is brought to you from Freegal! Downloaded music will play on your iPod, MP3 and other electronic devices. Watch for details on this great new service and get your library card NOW so you'll be ready to start downloading your favorite music - FREE!



## Add to your movie and audio book library

With the increasing popularity of new formats such as downloadables, DVDs and CDs, items on tape are not being checked out as often. So we're giving you the chance to snap some up at great prices, and help the library too!

## Free library resources

Whether you need homework help, information on starting your own business, job training, or a new career, the library offers a wealth of information right at your fingertips.

- **Wowbrary:** The newest stuff at your library - don't wait to find out what's new! Sign up to receive a weekly email of the top 20 new items.
- **e-Library:** Download audiobooks, books, music, videos and databases on your computer, MP3 player, iPhone®, iPod®, iTouch®, iPad™, Windows Mobile device or to burn to CD and other devices.
- **Library Catalog:** Books, audiobooks, periodicals, DVDs and CDs to check out!
- **Audiobooks:** listen to and checkout audiobooks via computer or laptop; burn to CD for playing in the car or on your stereo; or transfer to any portable device.
- **Databases:** Up-to-date subject information from journals, dictionaries, encyclopedias, genealogical resources, statistical resources and more.
- **Texana/Genealogy Resources:** A unique one-stop information resource for information on Texas and regional history.
- **Research Guides:** Get acquainted with all the resources available in the various subject departments at the Central Library.
- **Government Document:** Provides reference assistance with Federal and Texas documents and has a collection of approximately 150,000 government publications. Staff is available to help with patent and trademark searching.
- **Digital Downloads:** Choose from thousands of popular titles available as downloadable audio books, eBooks and videos.



## Coming Soon!



Mission Branch Library  
3134 Roosevelt Avenue  
grand opening,  
Saturday, April 30, 2011.



Parman Branch Library  
at Stone Oak  
20735 Wilderness Oak  
grand opening,  
Saturday, May 7, 2011.

## FREE eBook clinics

Did you get an eBook reader? Wondering what to do with it? Wonder no more, the San Antonio Public Library wants to help!



The Library offers free clinics to help you get the most out of your eBook reader. Starting with the basics, you'll soon be using your reader to explore the entire Dewey Decimal System, as well as fiction!

## Live Well, Age Smart



Live Well, Age Smart is an initiative of the San Antonio Public Library designed to better serve patrons of all ages, in all stages of life, through enhanced programming.

Programs will include topics of interest to many age groups as well as topics directed specifically at older adults.

## Free computer classes at your local library

No computer? Use ours! All 25 library locations have computers available to search for jobs, create a résumé, or surf the web. Bring a disk or flash drive if you would like to save your work. We also have wireless access if you have your own laptop or PDA.

The San Antonio Public Library offers the following free basic computer classes:

- Meet the Computer
- Web Basics
- Windows Desktop
- Excel I & II
- Search the Web
- Email I & II
- Microsoft Word

Visit [www.mysapl.org](http://www.mysapl.org) for a complete class schedule, or call 207-2500.

## FREE @ your library

Books, Computers, Databases, Wi-Fi, Newspapers, Music, Programs, Digital Downloads, eBooks, Homework Help, Storytimes, DVD's and Magazines.

# Cultural Arts

[www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec)

Add some culture to your life!



## Dance Classes

207-3132

**\$30 per session for youth and seniors**

**\$60 adults**

**Locations vary**

Five sessions offered yearly

The schedule with locations and registration dates is available on-line at [www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec)

Do you enjoy the quiet, graceful moves of a ballerina or the fiery passion of the Spanish Flamenco dancer? Have you always dreamed of performing on stage? If so, you can embrace your passion for dance with the Parks and Recreation Department's Cultural Arts Program. A variety of classes including Ballet, Tap, Jazz, Mexican Folklorico, Spanish Flamenco and a new Musical Theater Choreography class are offered year-round at the following locations:

Berta Almaguer Dance Studio  
138 S. Josephine Tobin Dr.

Our Lady of the Lake University  
International Folk Center  
100 S.W. 24th Street

### BALLET

**Introductory through Advanced, ages 4-Adult.**

Picture your little princess in a pink tutu or imagine yourself learning the graceful moves of the ballerina. Sign up today to learn ballet. In beginning sessions, students participate in strength training, learn ballet positions, terminology and correct body placement. Intermediate students move on to more difficult positions as well as

learning about ballet composers, adagio and allegro center floor combinations, and they learn choreography for possible public performances. Advanced classes are designed for students with at least four years experience in ballet and modern dance. The course is taught at a professional pace. Students acquire in-depth knowledge of Petite Allegros and Adagios. We also offer Beginner and Intermediate Pointe Classes to students who have had at least 4 years of ballet and with teacher approval only. This specialty class provides technique for proper form meant to achieve strength and alignment.

### MEXICAN FOLKLORIC/SPANISH FLAMENCO

**Introductory through Advanced, ages 4-Adult.**

Stomp your feet, clap your hands, click your castanets and get ready to learn the fiery and passionate moves of Mexican Folkloric or Spanish Flamenco dance. Imagine learning to move like that! Dancers with minimal experience as well as advanced dancers will find spots just right for them in this wide array of dance classes focusing on the rich heritage of San Antonio to include Mexican Folkloric and Spanish Flamenco. Take your pick but don't miss out!

### TAP/MODERN DANCE

**Introductory through Advanced, ages 4-Adult.**

Feel the beat, catch the motion with all the hot dance numbers you can handle in tap, jazz, and hip hop. You'll learn all the moves, get aerobic exercise and maybe even show off your stuff in public performances.

### MUSICAL THEATRE/CHOREOGRAPHY

If you've ever dreamed of performing on stage, this is the class for you. Students will learn about musicals, staging, and creating their own choreography in this fun class where you end up performing what you've learned.

## Dance Troupes

207-3132

**By audition on Aug. 13, 2011**  
**Berta Almaguer Dance Studio**  
**138 S. Josephine Tobin Dr.**

If you're excited about performing on

stage and you want to be part of an award winning show then we want you to audition for one of our dance troupes. Dancers ages 11 to 24 are invited to audition for Alamotion and Alamotion Too, or dancers ages 11 to 19 for Fandango. Alamotion focuses on tap, ballet, jazz and hip hop dance forms. Fandango explores Mexican Folkloric, Spanish Flamenco and merengue. Both troupes perform at the Arneson River Theater and at various special events throughout the city.

Dancers are invited to try out for Alamotion Too, the department's contemporary performance troupe which focuses on apprentice dance training and community performances.

## BRAVO! An Evening of Song and Dance

**2011 dates: July 6, 7, 13, 14, 20 and 21 at 8 p.m. (Rain dates: July 27 and 28)**

You won't want to miss this award winning summer dance performance, featuring the Parks and Recreation Department's dance troupes as they capture the flavor and passion of Old San Antonio and its cultural roots in Mexico and Spain.

Experience and enjoy the colorful, traditional costumes and dramatic performance numbers as performed by Fandango and Alamotion Dance Troupes at the picturesque Arneson River Theater in downtown San Antonio's La Villita. Feel the passion of Spanish Flamenco driven to the beat of the classical guitar and clicking of the castanets. Absorb the drama of traditional folkloric numbers, such as the Mexican Hat Dance and Mexican Polkas danced to the unique rhythms of the accordion. High energy jazz and tap routines round out an evening of moving and memorable entertainment.

All the performances, emceed by local media personality and singer Elizabeth Ruiz, will be Wednesday and Thursday evenings. Special guests include Mariachi Campanas de America.

Suggested donation is \$10. Proceeds from ticket sales and concessions benefit both dance troupes.







## Music Classes

207-3132

**\$30 per session for youth and seniors**

**\$60 adults**

**Locations Vary**

Five sessions offered yearly in spring, fall, winter and summer. Schedule and locations available on-line at [www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec)

Calling music lovers of all ages! If you've always wanted to learn to play the drums or the guitar or maybe your dream was the keyboard or the saxophone, here's your chance to fulfill that dream. Whether it's the beating of the drum or the strumming of the guitar, you can become a musician. Classes are available in beginning, intermediate and advanced percussion, guitar, keyboard and saxophone for students ages eight to adult. Classes are offered year-round at the following locations:

Commander's House  
645 S. Main

Garza Community Center  
1450 Mira Vista

Hamilton Community Center  
10700 Nacogdoches

Lion's Field Adult and Senior Citizens Center  
2809 Broadway

New Territories Community Facility  
9023 Bowen Drive

Sam Ash Music Store  
25 N.E. Loop 410



## Take Note—Youth Band

207-3132

**By audition each year**

**Ages 13–18**

If you have a desire to make a career as a professional musician or singer we want to help get you started! Each year the Music Department of Parks and Recreation auditions aspiring male and female vocalists, keyboardists, guitarists, bassists, drummers, percussionists and saxophonists for the City's very own youth band, **TAKE NOTE**.

For additional details and information, contact us at 210-207-3132 or visit [www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec).

## Our Part of Town Talent Show Competition

207-3132

They sing, they dance and they wow the crowds on an annual basis. San Antonio's got amazing talent and we love showcasing it! The Our Part of Town Talent shows are celebrating 31 years as the only talent competition showcasing local artists. Military active duty personnel are welcome to participate. Acts range from vocalists, contortionists, bands, and hip hop dance groups to poetry recitations.

Contestants are judged in three age categories: 12 and under; 13-19; and 20 and over. For audition information and schedules call 207-3132 or visit [www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec)



## Sunken Garden Theater

3875 N. St. Mary's St.

207-3050

An historic favorite with San Antonians from all walks of life, Sunken Garden Theater is available for lease for a variety of concerts, dance performances and community events. Originally a rock quarry, the beautiful theater was built within high rock walls by the city in 1930. The San Antonio Civic Opera Company established the site as a premiere performing arts venue. Performances occurred on a temporary stage as early as 1926 and the Sunken Garden as it appears today was completed in 1937 as part of the Texas Centennial celebration.

Since then the theater has been renovated numerous times and has hosted thousands of events ranging from Madame Butterfly to Iron Butterfly. In addition to national touring acts such as Flyleaf and Randy Travis, the theater regularly plays host for such local favorites as Taste of New Orleans and the annual Margarita Pour-off. For more information on booking the theater, call 207-3050.

## Portable Stages

207-3050

Turn your parking lot into an Amphitheatre! The Parks and Recreation Department has mobile stages available as rentals. They can be delivered and set up anywhere that has a level surface. Ideal for your next concert, dance performance in the park, fundraiser or community event. Rates start at \$650 for 8 hours. Please call 207-3050 for details.



# Adult and Youth Sports

[www.saparathletics.com](http://www.saparathletics.com)

## Get In The Game!

### Boxing

**207-3109, 207-3114, 207-3153**

If the terms right hook, upper cut or combination punch mean anything to you, you're willing to train hard and you're between the ages of 8 and 35 years, you might want to try your hand at boxing. Coaches are available to assist you with your training regimen but the Parks and Recreation Department's boxing program is not an exercise program. The program is held at the Jesse James Leija/San Fernando Gymnasium, 319 W. Travis St., which is a fully equipped boxing facility.

The program is available from 4 to 8:30 p.m. Monday through Friday. The cost is \$50 to register with the U.S. Boxing Association and to join the Parks and Recreation Department's San Fernando Boxing Club.

### Kickball

**207-3114, 207-3109, 207-3153**

Kickball, the name conjures up images of recess, schoolyards, happy children and bouncy rubber balls. Fun was the name of the game that we played in our youth. Today with 60-hour-plus work weeks and Blackberry's that keep us tied to work all hours of the day and night, recess now consists of gulping down coffee and dreaming of returning to the playground.

We invite you to get back in the game. Work groups, friends and families are all invited to get involved in this fun and recreational co-ed sport. All games will be played on Sundays at the Koger Stokes Softball Complex in San Pedro Springs Park, 1315 San Pedro Ave. The cost is \$285 per team plus an additional \$11 per roster player.

**Fall registration begins**

**July 27, 2011**

**Spring 2012 registration begins**

**Jan. 25, 2012**

### Adult Softball Leagues

**207-3114, 207-3109, 207-3153**

Whether you're winding up for the pitch, scooping up a grounder or hitting one out of the park—every move that you make while playing ball with the Parks and Recreation Department's adult slow-pitch softball leagues, keeps you at the top of your game. Leagues include Men's, Women's and co-ed divisions at every level from the beginning recreational team to the more advanced competitive team. Games are played at the Alva Jo Fischer, Koger Stokes and Kennedy Softball Complexes. The cost is \$400 for a 10-game season plus an additional \$11 participation fee per roster player.

**Summer registration begins**

**April 27, 2011**

**Fall registration begins**

**July 27, 2011**

**Spring 2012 registration begins**

**Jan. 25, 2012**

### Girl's Fast Pitch Softball Leagues

**207-3114, 207-3109, 207-3153**

Softball offers numerous opportunities for positive and memorable experiences along with an active outdoor workout in the company of family and friends. Best of all it's just plain fun! Youth Fast Pitch Softball Leagues are offered in the spring, summer and fall. The Girl's Division includes 8 and Under; 10 and Under; 12 and Under; 14 and Under; 16 and Under; and 18 and Under categories. Games are scheduled at various locations including: Alva Jo Fischer, Kennedy, Koger Stokes, Lambert Beach, Tony "Skipper" Martinez and Rusty Lyons Softball Complexes.

**Summer registration begins**

**April 27, 2011**

**Fall registration begins**

**July 27, 2011**

**Spring 2012 registration begins**

**Jan. 25, 2012**

The fee is \$350 for a 10-game season plus an additional \$6 participation fee per roster player.



## 2011 Municipal Athletics Calendar

<b>April 27</b>	Adult Summer Slow Pitch Registration Begins
<b>April 27</b>	Girl's Summer Fast Pitch Registration Begins
<b>May 14-15</b>	SAASA Girls Fast Pitch Tournament (Alva Jo)
<b>May 21-22</b>	SAASA Adult Slow Pitch Tournament (Kennedy)
<b>June 3-5</b>	ASA 16U "A" Regional Championship (Alva Jo, Kennedy)
<b>June 4-5</b>	TAAF Kickball State Championship Tournament (Koger Stokes)
<b>June 6</b>	Girl's Fast Pitch Summer League Begins
<b>June 7</b>	Adult Slow Pitch Summer League Begins
<b>June 11-12</b>	ASA 16U "A" National Qualifier (Alva Jo, Kennedy)
<b>June 18</b>	Girl's Fast Pitch Metro Tournament (Alva Jo, Kennedy, Koger Stokes)
<b>June 25</b>	Boxing Show (Jesse James Leija/San Fernando Gym)
<b>June 25-26</b>	SAASA Adult Slow Pitch Wood Bat Tournament (Alva Jo)
<b>July 9-10</b>	Alva Jo Fischer Girls Fast Pitch Invitational (Alva Jo, Kennedy, Koger Stokes, Rusty Lyons)
<b>July 16-17</b>	Summer Adult Co-Ed Kickball Tournament
<b>July 23-24</b>	SAASA Slow Pitch Tournament (Kennedy)
<b>July 27</b>	Adult Fall Slow Pitch Registration Begins
<b>July 27</b>	Adult Co-Ed Kickball Registration Begins
<b>July 27</b>	Girl's Fall Fast Pitch Registration Begins
<b>Sept. 6</b>	Adult Fall Slow Pitch League Begins
<b>Sept. 11</b>	Adult Fall Co-Ed Kickball League Begins
<b>Sept. 12</b>	Girl's Fall Fast Pitch League Begins
<b>Sept. 17-18</b>	SAASA Girls Fast Pitch Tournament (Alva Jo)
<b>Oct. 1</b>	Boxing Show (San Fernando Gym)
<b>Oct. 8-9</b>	TAAF Girl's Fall State Invitational Fast Pitch Tournament (Alva Jo, Kennedy)
<b>Oct. 22-23</b>	SAASA Adult Slow Pitch Tournament (Kennedy)
<b>Oct. 29-30</b>	SAASA Girls Fast Pitch Halloween Tournament (Alva Jo, Kennedy, Koger)
<b>Nov. 19-20</b>	Adult Turkey Shoot Slow Pitch Tournament (Kennedy)
<b>Nov. 19-20</b>	Girls Turkey Shoot Fast Pitch Tournament (Alva Jo, Koger)
<b>Dec. 10-11</b>	Adult Slow Pitch End of the Year Play-Offs (Alva Jo, Kennedy)



**The Parks and Recreation Department offers adult slow-pitch and fast pitch softball leagues, as well as girls' fast pitch softball leagues. The season consists of 10 games, which are played Monday-Friday beginning at 6:30 p.m.**

**Adult co-ed kickball is offered in the spring and fall on Sundays.**

**For all information, standings and schedules visit the Municipal Athletics website at [www.saparathletics.com](http://www.saparathletics.com)**



### **Municipal Athletics Facilities**

Alva Jo Fischer Complex  
10700 Nacogdoches Road

Jesse James Leija/San Fernando Gym  
319 W. Travis St.

Kennedy Complex  
3101 Roselawn

Koger Stokes Complex  
611 W. Myrtle

Rusty Lyons Complex  
6300 McCullough

Tony "Skipper" Martinez Softball Field  
3610 N. St. Mary's

Lambert Beach Softball Field  
4000 N. St. Mary's

Woodlawn Gym  
1103 Cincinnati



### **Tennis Youth/Adult McFarlin Tennis Center 1503 San Pedro Ave. 732-1223**

#### **Hours:**

**(Spring/Fall)**

**Monday /Tuesday**

**8:30 a.m.–12 noon, 3–9 p.m.**

**Wednesday/Thursday, 3–9 p.m.**

**Friday, 8:30 a.m.–5 p.m.**

**Saturday, 9 a.m.–1 p.m.**

**Sunday, closed**

**(Summer)**

**Monday/Tuesday, 8:30 a.m.–5 p.m.**

**Wednesday/Thursday, 1–9 p.m.**

**Friday, 8:30 a.m.–5 p.m.**

**Saturday, 9 a.m.–1 p.m.**

**Sunday, closed**

Looking to get fit, but can't stand going to the gym? Why not take up tennis? It's a great sport to play for both fun and fitness. Playing tennis regularly can help maintain or improve balance, mobility, agility, strength and fitness. McFarlin Tennis Center offers 22 lighted hard courts with pro shop, lockers, showers and a variety of services. Courts can be reserved for corporate tennis events and open tennis play. Year-round programs include tennis lessons, camps, clinics, tournaments and leagues. For more information, call 732-1223.

## **Tennis Calendar of Events: April – December 2011**

<b>April 15–17</b>	San Antonio Fiesta Tournament
<b>April 30–May 1</b>	Special Olympics
<b>May 27–29</b>	Memorial Day Tournament
<b>June 11–12</b>	Championship Major Zone (12-18)
<b>July 8–10</b>	Bub Walthall Adult Major Zone
<b>July 16–18</b>	Alamo City SC Major Zone (16-18)
<b>Aug. 7–12</b>	USTA Boys' 14 NATL Championships
<b>Sept. 9–11</b>	Texas Adult Sectionals
<b>Oct. 1–2</b>	McFarlin ZAT
<b>Nov. 5–7</b>	Super Champ Major Zone (12-14)
<b>Nov. 12–13</b>	SATA Southwest ZAT
<b>Dec. 2–4</b>	South Texas Jr. and Adult Open

**Athletics  
Weather Line  
207-3128**

**Junior Tennis Leagues—Call McFarlin  
Tennis Center at 732-1223**

**Adult Tennis Leagues:  
\$50 per person**

**Fall 2011 Registration starts Aug. 22, 2011**

Women's Singles start Sept. 12 at 7 p.m.

Women's Doubles start Sept. 13 at 9 a.m.

Men's Singles start Sept 13 at 7 p.m.

Women's Progressive Doubles start Sept. 14 at 7 p.m..

**Spring 2012 Registration starts Jan. 9, 2012**

**Monday**

Women's Singles start Jan. 30 at 7 p.m.

**Tuesday**

Women's Doubles start Jan. 31 at 9 a.m.

Men's Singles start Jan. 31 at 7 p.m.

**Wednesday**

Women's Progressive Doubles start Feb. 1 at 7 p.m.

**Thursday**

Men's Progressive Doubles start Feb. 2 at 7 p.m.

### **Court Rental Fees**

#### **Before 5 p.m.**

Adults:	\$3.50 /hr per person
Students:	\$1.50 /hr per person
Seniors (50+):	\$1.00 /hr per person
Corporate:	\$5.00 /hr per court

#### **After 5 p.m.**

Adults:	\$4.50 /hr per person
Students:	\$2.50 /hr per person
Seniors (50+):	\$2.00 /hr per person
Corporate:	\$5.00 /hr per court

# Youth Sports

[www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec)



## New! Active Family Fun Day in the Park

The entire family is invited to participate in a variety of free, fun and active events coming to a park near you in 2011! Events will include a punt, pass and kick competition, a pitch, hit and run competition and a 2-ball competition to name a few. Activities will also include giant croquet, an outdoor exercise class, an organized walk and demonstrations on cooking nutritious meals. It's a great way to stay active and fit while having fun. There will be something for all ages!

**April 2 – Garza Park, 1450 Mira Vista**

**May 14 – Cuellar Park, 5626 San Fernando**

**Sept. 10 – Copernicus Park, 5003 Lord Rd.**

**Oct. 1 – Miller's Pond Park, 6175 Old Pearsall Rd.**

**Nov. 5 – Harlandale Park, 301 Sussex  
9 a.m.–12 noon, Free**

## Soccer League

**Locations:** Call 207-3030 for a list

**League play begins:** April 4, 2011

**Registration is ongoing, Cost:** \$5

Boys and girls ages 6-14 are invited to participate. Youth ages 6-7 play 5 on 5 teams with no goalie. Higher age brackets play 8 on 8 and 11 on 11.

## Aquafina Pitch Hit & Run

**Koger Stokes Softball Complex**

**611 W. Myrtle**

**April 30, 2011, 9 a.m. – 2 p.m.**

**Ages: 7–14, Free**

This event allows youngsters the opportunity to participate in an exciting baseball skills competition. Boys and girls compete together in four age groups: 7-8, 9-10, 11-12 and 13-14. For more information call 207-3030.

## Hershey Track & Field Event

**Frank Mata Memorial Football Stadium**

**1922 S. General McMullen**

**May 7, 2011, 9 a.m. – 3 p.m.**

**Ages: 9–14, Free**

Youngsters compete in 50M, 100M, 200M, 400M sprints, 4x100M relay, softball throw, and standing long jump for 9-10 year olds. The older divisions offer the same events with the following differences: 11-12 year olds run an 800M instead of 50M, and 13-14

year olds run a 1600M instead of a 50M. Participants can enter two track and one field or two field and one track event up to and including the state/provincial final. First place winners advance to the state meet in Austin later in the year. For more information call 207-3030.

## After-School All-Stars Games

This summer program offers youth ages 9 to 14 the opportunity to engage in free activities that increase confidence and encourage success in all areas of their lives – at home, in school and in the community. Call 207-3030 for locations, dates and times.

## After-School All-Stars Games Table Tennis

Pre-registration at your local community center or on-site the day of the event. Participants compete in a single elimination tournament by age groups and gender.  
**Cuellar Community Center**  
**5626 San Fernando**  
**June 29, 2011, 9 a.m.**

## After-School All-Stars Games 2– Ball Competition

Pre-registration at your local community center or on-site the day of the event. Participants compete for the highest score by shooting from several designated spots on the floor for face value, within a 30-second time limit.

**Copernicus Community Center**  
**5003 Lord Rd.**  
**July 11, 2011, 9:30 - 11 a.m.**

**Palm Heights Community Center**  
**1201 W. Malone**  
**July 12, 2011, 9:30 - 11 a.m.**

**Cuellar Community Center**  
**5626 San Fernando**  
**July 13, 2011, 9:30 - 11 a.m.**

**Father Roman Community Center**  
**11030 Ruidosa**  
**July 14, 2011, 9:30 - 11 a.m.**

**Melendrez Community Center**  
**5909 W. Commerce**  
**July 15, 2011, 1-3 p.m.**

**Lincoln Community Center**  
**2915 E. Commerce**  
**July 15, 1-3 p.m.**

## After-School All-Stars Games Three Point Shoot-Out

Participants compete by shooting four balls off a rack from three designated spots behind the three-point line within 45 seconds. Each ball counts for two points with the last ball (striped ball) on each rack counting for six points. All participants receive an After School All Stars T-shirt and medal at the conclusion of the event. Pre-register at your local community center or on-site the day of the event.

**Dawson Community Center**  
**2500 E. Commerce**  
**July 18, 2011, 9:30-11 a.m.**

**Harlandale Community Center**  
**7227 Briar Place**  
**July 19, 2011, 9:30 -11 a.m.**

**Garza Community Center**  
**5627 Mira Vista**  
**July 20, 2011, 9:30 - 11 a.m.**

**Ramirez Community Center**  
**1011 Gillette**  
**July 21, 2011, 9:30 - 11 a.m.**

**Melendrez Community Center**  
**5909 W. Commerce**  
**July 22, 2011, 1-3 p.m.**

**Lincoln Community Center**  
**2915 E. Commerce**  
**July 22, 2011, 1-3 p.m.**

## After-School All-Stars Games Triples Volleyball (3 vs. 3)

Participants compete in a double elimination tournament of three players of the same gender on the court at all times. After the event participants are awarded After School All Stars T-shirts and medals. Pre-register at your local community center or on site the day of the event.

**San Juan Community Center**  
**2307 Calaveras**  
**July 25, 2011, 9:30 - 11 a.m.**

**Ward Community Center**  
**435 E. Sunshine**  
**July 26, 2011, 9:30 -11 a.m.**

**Miller's Pond Community Center**  
**6075 Old Pearsall Rd.**  
**July 27, 2011, 9:30 - 11 a.m.**

**Hamilton Community Center**  
**10700 Nacogdoches**  
**July 28, 2011, 9:30 - 11 a.m.**



**Melendrez Community Center**  
5909 W. Commerce  
July 29, 2011, 1-3 p.m.

**Lincoln Community Center**  
2915 E. Commerce  
July 29, 2011, 1-3 p.m.

### **Elks Soccer Shoot-Out**

**Garza Community Center**  
1450 Mira Vista

**Palm Heights Community Center**  
1201 W. Malone

**Aug. 8 –12, 2011, 10:30 a.m. –1:30 p.m.**  
Show your soccer finesse in this kicking shoot-out open to boys and girls ages 6-13. Participants compete by kicking a soccer ball into the goal for points awarded based on level of difficulty. There are four age categories; (U8) 6-7 yr. olds, (U10) 8-9 yr. olds, (U12) 10-11 yr. olds, (U14) 12-13 yr. olds. Participant with the highest total points advances to the Elks local competition. Boys and girls compete separately with winners in both genders and all ages. For more information, call 207-3030.

### **Flag Football**

**Locations: 16 year-round community centers, call 207-3030 for list**  
**League starts Sept. 12, 2011**

**Registration starts late July through August.**

**Games are Tuesdays, Wednesdays, Thursdays and Saturdays.**

**Weekday games begin at 5:30 p.m.**

**Weekend games begin at 10 a.m.**

**Cost: \$6**

For ages 6–16. Texas Amateur Athletics Association (TAAF) eight-man flag football.

No-contact co-ed league structured to familiarize participants with football. Participants may register as an individual, group or team. Center staff collect names and create teams and schedules. Participants do not have to be skilled. Have fun and make new friends. All players are eligible receivers so games are high scoring and fun to watch.

### **Punt Pass and Kick**

**Call 207-3030 for date and location**  
**Sept. 2011, 11 a.m.–2 p.m.**

Participants punt, pass and kick a football and accumulate points by distance and accuracy. There are four age categories: 8-9 yr. olds, 10-11 yr. olds, 12-13 yr. olds and 14-15 yr. olds. Top scorers in each age division and gender will advance to the Sectional competition. Winners of the Sectional competition will receive medals and will be in the running for the Texas Championships.

### **Volleyball (Youth) Co-ed**

**Locations: 23 year-round community centers, call 207-3030 for list**

**League play begins Nov. 7, 2011**

**Registration: late September through October**

**Weekday games played 6 – 8:30 p.m.**

**Weekend games played 10 a.m. – 4 p.m.**

**Cost: \$6**

Co-ed volleyball is geared toward novice players ages 6-16. Six-player teams, co-ed triples and triple volleyball depending on the number who want to play. Participants may register as a group, team or individual. Rally point games (a point is scored on every serve). Center staff divides participants into leagues as necessary. Players

are coached on basics and have fun with old and new friends. Call 207-3030 for more information.

### **2-Ball Competition**

**Dawson Community Center**  
2500 E. Commerce

**Garza Community Center**  
1450 Mira Vista

**Nov. 19, 2011, 11 a.m. – 2 p.m.**

Participants compete for the highest score by shooting from several designated spots on the floor for face value, within a 30-second time limit. Finals will be held on Saturday, Dec. 3, 11 a.m. to 2 p.m., at Ramirez Community Center, 1011 Gillette. Call 207-3030 for more information.

### **Table Tops Board Game Competition**

**Normoyle Community Center**  
700 Culberson

**Dec. 10, 2011, 10 a.m. to 3 p.m.**

Youth, 6 to 14, compete in a five-hour board games competition. Call 207-3030 for more information.

### **Spurs Youth Basketball League**

**Registration begins: Dec. 2011**

**League play begins: Feb. 2012**

**Cost: \$6**

Youngsters, 6-14, are invited to sign up for this socially-themed recreational basketball program. The program focuses on teaching youth to make positive choices and to show respect for all. Both of these messages encompass being drug, alcohol and tobacco free. Call 207-3030 for more information

## **Enrique Barrera Community Center** **Your One Stop Fitness Center!**

Jumpstart your fitness efforts and learn to embrace a healthy lifestyle by visiting with the experts at the Enrique Barrera Community Center. They have the information and equipment you'll need to get your life and your health back on track.

Enjoy a wide variety of fitness classes ranging from a basic beginners workout to an intense, advanced workout. Included in your low cost membership are free Personal Training and free classes! These include: Balance, Circuit Training, Home School F.I.T., Kids Action Club, Baby & Me, Recreation Table Tennis, Abs and Glutes.

Ultimate Sports Training, Upper Body Workout, Wii Sports and What Would Dee Do. For additional fees you can sign up for Jazzercise, Kenpo Karate, Kid Kenpo Karate, Tai Chi and Zumba.

For youngsters, ages 3 to 11, there's a Kidz F.I.T. Zone offering games, books, activities and a 40-foot traverse wall

where youngsters can work on their climbing abilities. Take a tour and sign up today to Get Active and Get Fit!

**5800 Old Hwy. 90 West**  
**207-3221**

#### **Hours:**

Monday – Thursday,  
11 a.m.– 8 p.m.  
Friday, 11 a.m. – 5 p.m.  
Saturday and Sunday, Closed

#### **Annual Cardio/Weight Room Membership Fees:**

Youth 12 to 17 years-\$30 per year  
Adults 18 years and older-  
\$120 per year or \$10 per month  
Seniors 55 years and older-  
\$25 per year

For a list of classes call 207-3221 or  
visit [www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec)



# Swimming

[www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec)

Dive in for fitness and fun!



## Outdoor Pools

**June 11 – Aug. 14, 1–7 p.m.**

**Tuesday – Sunday, closed Mondays**

**Free general admission**

**Fees for classes**

**207-3113**

Beat the summer heat while getting in a stress-free workout at any of our outdoor pools. Swimming is fun and refreshing. It pumps up your heart, tones muscle and relieves stress. Swimming lessons, water aerobics and private rentals are available.

## Summer Swim Lessons

Learning to swim is an important skill for all youngsters—for safety and for health. The Parks and Recreation Department offers morning classes at 11 pools and evening classes and five pools during the 2011 outdoor pool season.

June 22–July 1

July 6–15

July 20–29

Classes are held Wednesday through Friday for two weeks.

**Registration:**

**May 14, 2011**

**10 a.m. to 2 p.m.**

**San Antonio Natatorium**

**1430 W. Durango**

**(or register at the pool of your choice beginning June 11, 2011.)**

**Cost: \$30**

## Pools offering morning swim lessons include:

**Dellview**  
500 Basswood

**Garza**  
5800 Hemphill

**Joe Ward**  
435 E. Sunshine

**Heritage**  
1423 S. Ellison Dr.

**Lady Bird Johnson**  
10700 Nacogdoches

**Kingsborough**  
350 Felps

**New Territories**  
9023 Bowen

**San Pedro**  
2200 N. Flores

**Spring Time**  
6571 Spring Time

**South Side Lions**  
3100 Hiawatha

**Woodlawn**  
1103 Cincinnati

Pools offering evening lessons are Dellview, Heritage, Lady Bird Johnson, New Territories and Spring Time.

Choose the right level for your child according to age and ability:

Levels 1–4 are taught for ages 4 to 12.

Ages 4–6, 10:15–11 a.m., Level I

No prerequisites. Little or no experience in the water. Level II – At the end of the course, they will be comfortable in the water, be able to float on their front and back, know the basic water safety rules and be introduced to arm strokes.

Ages 7–10, 11:15–12 p.m., Level I

Starter class for older children to learn elementary skills including floating and basic water safety rules. Level II – Float on front and back, flutter kick and do arm strokes with breathing on their front and back for 10 yards.

Ages 9–12, 12:15–1 p.m., Level III

Able to retrieve objects from the bottom of the pool, swim 25 yards of front and back crawl. Level IV – continue to develop their front and back crawl skills, learn alternative kicks for treading water and swim 50 yards in backstroke and front crawl.

## Water Aerobics At Outdoor Pools

Water exercise is therapeutic, low impact and is great for your heart, in addition to helping burn calories. Classes are offered Tuesdays, Wednesdays and Thursdays from 7 to 8 p.m. The cost is \$30 for a one-month pass for anyone 15 or older. Call for locations.



## Outdoor Pool Rentals

Celebrate your next birthday, family reunion or other social events by throwing a pool party. Rentals are available at the following pools; Lady Bird Johnson, Dellview, Spring Time, New Territories, Heritage, Westwood, Woodlawn, Roosevelt and South Side Lions before or after normal operating hours when the pools are not open to the public. In addition to rental fees, people renting the pools must pay for lifeguards. The number of lifeguards is based on the number of guests using the facility and the pool being rented. The fees are: 1–75 people – \$150 plus \$90 for 3 staff; 76–150 people, \$200 plus \$120 for 4 staff; and 151–250 people – \$250 plus \$150 for 5 staff.

## Want to be a Lifeguard?

Looking for a fun summer job with great pay? If you're 16 and over with strong swimming skills, we want you to apply and receive free training.

Wanna be a Lifeguard? Parties are held each year in the spring at the Natatorium, 1430 W. Durango. The 2011 date is Saturday, April 16, from 2 to 4 p.m. Applicants must bring their swimsuits and be prepared to take the skills test. The skills test includes a 300-yard continuous swim utilizing the front crawl and breast stroke, and a dive of 13 feet to retrieve a 10-pound object and return it to the pool deck. The department provides CPR and lifesaving training. The starting salary is \$9.02 per hour.

## Swim Teams

Each summer the Parks and Recreation Department offers a competitive swim program at all of our outdoor pools. For a one-time registration fee of \$6, each pool will have a team for children and adults. Participants practice every day in order to compete against teams from other pools each weekend. The teams are part of the Texas Amateur Athletics Federation (TAAF).







## San Antonio Natatorium 1430 W. Durango 207-3299

An Olympic-size facility located just west of downtown San Antonio, the Natatorium offers a place for lap swimming as well as water aerobics and swimming lessons year-round. The schedule is:

### Summer Hours of Operation

Monday–Friday

Senior swim from 10 to 11 a.m.  
(free to Seniors 60 and up)

Monday–Saturday

Adult lap swim from 11 a.m.–12 noon,  
6:45–7:45 p.m.

Open swim from 12 noon–6:45 p.m.

Monday–Saturday

Open swim – 12 noon–6:45 p.m.

### Fall/Winter/Spring Hours of Operation

Monday–Friday

Senior swim from 10 to 11 a.m.  
(free to Seniors 60 and up)

Adult lap swim from 11 a.m.–2 p.m.,  
5–7:45 p.m.

Open swim from 5–6:45 p.m.

Saturday

Adult lap swim from 11 a.m.–12 noon

Open swim from 12 noon–6:30 p.m.

The cost is \$1 for children up to 17 years,  
\$2 for Seniors 60 years and up, adults 18  
and up are \$3.

### Natatorium Summer Swim Lessons

Natatorium summer sessions for swimming lessons will be available June 14–23, June 28–July 7, July 12–21, and July 26–August 24. Classes run Tuesday through Thursday for two weeks for 45 minutes each.

Levels 1–4 are taught for ages 5 to 12.

Levels 1–2

Beginner 5–5:45 p.m.

Levels 3–4

Intermediate 6–6:45 p.m.

Adult classes for all levels

(13 years and up) 7–7:45 p.m.



Parent and toddler class for Levels 0–2  
(6 months to 4 years) 7–7:30 p.m.

Cost is \$30. Register at the Natatorium. Call  
207-3299 for more information.

### Private Swim Lessons

Private lessons for all levels are available through the Learn to Swim Program. They are taught by Red Cross certified Swim Instructors. Lessons begin at 4:30 p.m. Four 30-minute sessions cost \$35. Choose from Monday/Wednesday or Tuesday/Thursday classes. Register at the Natatorium.

### Water Aerobics Natatorium

Classes are from Monday through Thursday. We offer a 5:45 p.m. class and a 6:45 p.m. class that are 45 minutes each. The cost is \$30 for a one-month pass for anyone 15 or older.



### Underwater Egg Hunt

April 9, 2011, San Antonio Natatorium,  
1430 W. Durango. 10 a.m.–12 noon.  
Children ages 5 to 12 are invited each  
spring for a very different kind of egg hunt  
where hundreds of colorful eggs are tossed  
into the pool. Register in advance at the  
Natatorium. Cost: \$2 per child.

## SA Parks & Recreation Department Pools

Cassiano	1140 S. Zarzamora & Cassiano Park	434-7482
Concepcion	600 E. Theo & Concepcion Park	532-3473
Cuellar	503 S.W. 36th St. & Cuellar Park	434-8028
Dellview	500 Basswood & Dellview Park	349-0570
Elmendorf	4400 W. Commerce & Elmendorf Park	434-7380
Fairchild	1214 E. Crockett	226-6722
Garza	5800 Hemphill	434-8122
LB Johnson	10700 Nacogdoches Road	599-0122
Heritage	1423 S. Ellison Drive	645-9465
Kennedy	3299 S.W. 28th St. & Emerson	436-7009
Kingsborough	350 Felps St	924-6761
Lincoln	2803 E. Commerce & Lincoln Park	224-7590
Monterrey	5919 W. Commerce & Monterrey Park	432-2727
San Antonio Natatorium	1430 W. Durango	207-3299
Normoyle	700 Culberson & Normoyle Park	923-2442
New Territories	9023 Bowen Drive	681-2929
Palo Alto Natatorium	1400 Villaret	921-5234
Roosevelt	500 Lonestar Blvd. & Roosevelt	532-6091
San Pedro	2200 N. Flores & San Pedro Park	732-5992
Southcross	819 W. Southcross & Flores Park	927-2001
South Side Lions	3100 Hiawatha & Stringfellow	532-2027
SpringTime	6571 SpringTime	558-0491
Sunset Hills	103 Chesswood	435-4011
Joe Ward	435 E. Sunshine	732-7350
Westwood	7601 W. Military	673-3382
Woodlawn	1100 Cincinnati & Woodlawn Park	732-5789

# Calendar

Event information subject to change.  
Please call ahead to confirm.  
For a more complete list, visit:  
[www.sanantonio.gov/parksandrec/calendar](http://www.sanantonio.gov/parksandrec/calendar)



**APRIL 5 April Eggstravaganza Cascarone decorating contest and lunch.** Lion's Field Adult and Senior Center, 2809 Broadway. 9:30 a.m.–1 p.m., light lunch included for \$5. Pre-registration required. Call 826-9041.

**APRIL 6 Senior Games Scrabble Tournament.** Granados Adult and Senior Center, 500 Freiling. 1-5 p.m. Put your scrabble skills to the test. Pre-registration required. Call 207-3285.

**APRIL 7 Fiesta Potluck and Medal Competition.** Granados Adult and Senior Center, 500 Freiling. Enter your personally designed Fiesta Medal and you may win a prize. Call to register and bring a dish to share. 5:30 p.m. 207-3285.

**APRIL 8 Festival de Amigos Luncheon and Dance.** Commander's House, 645 S. Main. 11 a.m.–3 p.m. Kick off Fiesta week with festive food, lively games, and door prizes featuring the sounds of Q-VO Band. \$6. RSVP by calling 224-1684.

**APRIL 9 Volunteer Tree Planting.** Concepcion Park, 600 E. Theo. 8-11 a.m. Help improve our tree canopy! Registration is required. Call 207-8603.

**APRIL 9 Volunteer Tree Planting.** Stinson Park, 900 March. 8-11 a.m. Help improve our tree canopy! Registration is required. Call 207-8603.

**APRIL 9 Viva Botanica Event and Plant Sale.** The Botanical Garden, 555 Funston Place. 10 a.m.–2 p.m. Decorate your stroller or wagon and wear your finest Fiesta attire. Start with a children's parade and the coronation of the Garden's first ever Fiesta Flower Court. Enjoy crafts, music, inflatable "bouncies," games and a Fiesta medal. 207-3250.

**APRIL 9 Underwater Egg Hunt.** S.A. Natatorium, 1430 W. Durango. 10 a.m.–12 noon. Hundreds of colorful eggs are tossed into the pool for a very different kind of egg hunt for kids ages 5-12. Register in advance at the Natatorium. \$2 per child. 207-3299.

**APRIL 16 Wanna Be a Lifeguard Party.** S.A. Natatorium, 1430 W. Durango. 2-4 p.m. Refreshments will be served. Applicants must bring their swimsuits and be prepared to take the skills test.

**APRIL 16 Animal Botanical.** Botanical Garden, 555 Funston Place. 9 a.m.–1 p.m., \$25. Hands-on learning and fun for special needs children ages 6+! Please bring a sack lunch. To register call Sasha Kodet at 207-3270.

**APRIL 16 Organic Gardening Basics.** Botanical Garden, 555 Funston Place. 10 a.m.–12 noon. Learn basic organic gardening techniques to help you create a thriving landscape and garden without the use of products that may be toxic. \$35. Register at: [www.communityed.neisd.net](http://www.communityed.neisd.net).

**APRIL 16 Volunteer Tree Planting.** J Street Park, 3500 J Street. 8-11 a.m. A volunteer event designed for families. Registration is required. Call 207-8603.

**APRIL 23 Viva Voluntarios.** Medina River Natural Area, 15890 Hwy. 16 S. 8 a.m.–12 noon Registration is required. Call 207-8603.

**APRIL 23 Volunteer Tree Planting.** Apache Creek Park,

2901 El Paso St. 8-11a.m. Help increase our tree canopy! Registration is required. Call 207-8603.

**APRIL 23-25 Brackenridge Park Easter Recycling Project.** 3700 N. St. Mary's. 9 a.m.–1 p.m. and 1 p.m.–5 p.m. Friday and Saturday. 3-6 p.m. Sunday. 8 a.m.–12 noon on Monday. Registration is required. Call 207-8603.

**APRIL 25 AARP Safety Driving Class.** Commander's House, 645 S. Main. 8 a.m.–12 noon. \$12 for AARP members. \$14 for non-AARP members. Registration required. Call 224-1684. Future dates: June 27, Aug. 29, Oct. 31, Dec. 19.

**APRIL 30 Volunteer Tree Planting.** Historic City Cemeteries, E. Commerce and New Braunfels. 8-11 a.m. Help increase our tree canopy! Registration is required. Call 207-8603.

**MAY 1 SAWS Garden Jazz Party and Plant Sale.** Botanical Garden, 555 Funston Place. 10 a.m.–2 p.m. Live jazz music fills the garden while visitors learn watersaving tips presented by SAWS. Don't forget to stop by the plant sale.

**MAY 2 Mother's Day "Parade of Hats" Tea Party.** Commander's House, 645 S. Main. 9:30-11:30 a.m. Bring your daughter, mother, or grandmother to a delightful fashion show by the House of Hadassah Boutique. Hats welcomed! RSVP by calling 224-1684.

**MAY 7 Kumamoto En Day.** Botanical Garden, 555 Funston Place. 10 a.m.–2 p.m. Enjoy Children's Day in Japan at our authentic Japanese Garden! Call 207-3250.

**MAY 7 Animal Botanical.** See April 16 event.

**MAY 12 Ice Cream Social to honor Older Americans Month.** Lion's Field, 2809 Broadway. 1-3 p.m. The public is invited to enjoy free refreshments and music. Call 826-9041.

**MAY 14 Active Family Fun Day in the Park.** Cuellar Park, 5626 San Fernando. 9 a.m. - 12 noon. 207-3000.

**MAY 14 Natural Garden Designs.** Botanical Garden, 555 Funston Place. 10 a.m.–12 noon. Find out the benefits of using native plants, herbs and well adapted plant species. A short tour of the garden is included. \$35. Register at: [www.communityed.neisd.net](http://www.communityed.neisd.net).

**MAY 18 Second Annual Senior Outdoor Fest.** Granados Adult and Senior Center, 500 Freiling. 9:30 a.m.–12 noon. Participate in a variety of fun, healthy activities inside and outdoors. Healthy snacks provided. Free. To register call 207-3285.

**JUNE 1-4 Shakespeare in the Park Botanical Garden.** 555 Funston Place. 8 p.m. Gates open at 6:30 p.m. Enjoy a local production of a one of Shakespeare's finest. Bring your own seating. 207-3250.

**JUNE 4 Bargains on Broadway parking lot sale.** Lion's Field, 2809 Broadway. 8 a.m.–2 p.m. Space rental only \$20. Reserve in advance by calling 826-9041.

**JUNE 6-10 Little Sprouts Summer Camp.** Botanical Garden,

555 Funston Place, 10 a.m.–12 noon. Little ones, ages 3-5 years, explore gardening and nature with hands-on investigations and creative play! Fee: \$100/wk (\$75 Botanical Society members.) 207-3250.

**JUNE 9 Concert Under The Stars Botanical Garden.** 555 Funston Place. 7 p.m. Gates open at 6 p.m. The eclectic sounds of local bands fill the Garden. Bring your own seating. No outside food or drink, concessions available. 207-3250.

**JUNE 11 Outdoor pools open for the summer.** 1-7 p.m. Tuesday through Sunday. Free admission. Also available fee-based swimming lessons. Call 207-3113.

**JUNE 13 Summer Youth Recreation Program begins.** 7:30 a.m.–5:30 p.m. Monday through Friday. Offers organized games, enrichment activities, lunch and snacks for youngsters 6 to 12 (at school sites) and youngsters 6 to 14 (at community centers). See page 2 for details.

**JUNE 13 Summer Sundaes.** Granados Adult and Senior Center, 500 Freiling. 1:30 p.m. Bring your kids to celebrate the beginning of summer and enjoy a free show. \$2 per sundae. To register call 207-3285.

**JUNE 13-16 Animal Botanical.** Botanical Garden. 555 Funston Place. 9 a.m.–1 p.m. \$140/wk (\$120 members). This multi-themed, four day camp is for youth ages six and older with special needs. Animal Botanical activities include education on animals and plants living in the garden, crafts, recreation, music and daily snacks. Camp is located in the Auld House. 207-3250.

**JUNE 13-17 Jr. Naturalists.** Botanical Garden. 555 Funston Place. 9 a.m.–3 p.m. Fee: \$140/wk (\$120 Botanical Society members). Ages 6-8 years. Explore nature as you learn outdoor skills including native plant identification, birding, fishing, hiking and ethnobotany. 207-3250.

**JUNE 17 Donuts for Dads.** Commander's House, 645 S. Main. 9:30-11:30 a.m. Bring your favorite guy for donuts and more. This event is sure to make dads of all ages feel special. Enjoy games, music, guest speakers and much more. RSVP by calling 224-1684.

**JUNE 20-23 Animal Botanical.** See June 13 event.

**JUNE 20-24 Jr. Gardeners.** Botanical Garden. 555 Funston Place. 9 a.m.–3 p.m. Fee: \$140/wk (\$120 Botanical Society members). Ages 9-12 years. Participants get their hands on horticulture from flowers and vegetables to basic botany and garden design. Kids will learn to plant from seed, take cuttings, and design their own garden. 207-3250.

**JUNE 21 Summer Barbecue lunch.** Lion's Field, 2809 Broadway. 12 noon-2 p.m. Celebrate the beginning of summer! \$5 for lunch. Register by calling 826-9041.

**JUNE 23 Concert Under The Stars.** See June 9 event.

**JUNE 30 Grand Ole Days 4th of July Celebration Barbecue.**





Commander's House, 645 S. Main. 10 a.m.–2p.m. Bring the grandkids for a grand ole time. Festivities include music, games, crafts, apple pie and a flag ceremony. \$3 per adult and \$1.50 per child. RSVP by calling 224-1684.

**JULY 6 & 7 BRAVO! An Evening of Song and Dance.** 8 p.m. These award winning summer dance performances, featuring the Parks and Recreation Department's dance troupes, capture the flavor and passion of Old San Antonio and its cultural roots in Mexico and Spain. Arneson River Theatre, La Villita. Additional dates: July, 13, 14, 20 and 21 (rain dates: July 27 and 28). Special guests include Mariachi Campanas de America. Suggested donation: \$10.

**JULY 11-15 Jr. Naturalists.** See June 13 event.

**JULY 13 & 14 BRAVO! An Evening of Song and Dance.** See July 6 Event.

**JULY 14 Concert Under The Stars.** See June 9 event.

**JULY 15 Lions Field Open House and Student Art Show.** Lion's Field, 2809 Broadway. 12 noon–6 p.m. Artists Reception 4–6 p.m. with refreshments and music. Free and open to the public. 826-9041.

**JULY 18-22 Jr. Gardeners.** See June 20 event.

**JULY 20 & 21 BRAVO! An Evening of Song and Dance.** See July 6 Event.

**JULY 28 Concert Under The Stars.** See June 9 event.

**AUG. 6-7 Dog Days of Summer.** Botanical Garden, 555 Funston Place. 8 a.m.–5 p.m. Bring your dog for a walk in the garden! Regular admission plus \$5 (cash only) surcharge per dog. 207-3250.

**AUG. 12 End of Summer Luau Family Potluck.** Granados Adult and Senior Center, 500 Freiling. 12 noon. Celebrate the end of summer and enjoy the sounds of the Ukulele Ladies and Gents. Bring your family and a dish to share. 207-3285.

**AUG. 13 Parks and Recreation pre-professional dance troupe auditions.** Berta Almaguer Dance Studio, 138 S. Josephine Tobin Dr. 9–12 noon and 1:30–4:30 p.m. Dancers, ages 11 to 24, are invited to audition for Alamotion and Alamotion Too, and dancers, ages 11-19, for Fandango.

**SEPT. 1 Pre-Labor Day Concert and Flag Ceremony.** Commander's House, 645 S. Main. 10:30–11:30 a.m. Luncheon to follow at noon. \$3 Per Person for lunch. RSVP by calling 224-1684.

**SEPT. 8 Plant Propagation Class.** Botanical Garden, 555 Funston Place. Learn the techniques the garden uses to propagate plants. Participants will make their own cuttings and receive a small plant. \$20. To register call 207-3270.

**SEPT. 10 Educator Event: The Best of Bugs: Designing Hand Pollinators.** Botanical Garden, 555 Funston Place. Copernicus Park, 5003 Lord Rd. 9 a.m. - 12 noon. 207-3000. 9 a.m.–4 p.m. \$45 (includes book with curricula) Insects, Plants, and Agricultural Engineering for Elementary Students.

To register call 207-3270.

**SEPT. 15 Educator Event: Amazing Butterflies Exhibit Preview.** Botanical Garden, 555 Funston Place. 6–8 p.m. Free. Educators are invited to a special preview of our new Amazing Butterflies Exhibit. Explore this interactive maze to learn about the incredible life cycle of butterflies and the surprising challenges they face every day! RSVP at 207-3270.

**SEPT. 17 & 18 Opening Weekend of the Amazing Butterflies Exhibit.** Botanical Garden, 555 Funston Place. 10 a.m.–2 p.m. 207-3250.

**SEPT. 17 Hidden Treasures Parking Lot Sale.** Granados Adult and Senior Center, 500 Freiling. 8 a.m.–1 p.m. Vendors may rent a space for \$15. Pre-registration and payment required. 207-3285.

**OC1 Active Family Fun Day in the Park.** Miller's Pond Park. 9 a.m.–12 noon. 207-3000.

**OC. 1 Bargains on Broadway parking lot sale.** Lion's Field Adult and Senior Center, 2809 Broadway. 8 a.m.–2 p.m. \$20 per table. Call 826-9041.

**OC. 4 National Night Out.** 6–8 p.m. You're invited to visit your local Community Center in an effort bring the community together and raise crime prevention awareness. Enjoy activities, food and community spirit. 207-3000.

**OC. 8 Animal Botanical.** See April 16 event.

**OC. 14 Senior Picnic.** 10 a.m.–2 p.m. Enjoy a picnic lunch, music, and games with other seniors at Koehler Pavilion in Brackenridge Park. Open to all adults 50+. Small charge. Call 207-3285. Hosted by Commander's House, Granados Adult and Senior Center, Lion's Field Adult and Senior Center, and Virginia Gill Senior Center.

**OC. 15 Gardens by Moonlight.** 7–11 p.m. This annual event has become one of San Antonio's favorites! The Botanical Garden, 555 Funston Place, is filled with several popular, live music performances, delicious treats, and great atmosphere. 207-3250.

**OC. 23 BOOtanica and Fall Garden Fair.** Botanical Garden, 555 Funston Place. 10 a.m.–2 p.m. Halloween games, creepy crafts, spooky storytelling and more! Children can dress in costume for the parade and take part in fun fall activities. Free with admission. 207-3250.

**OC. 25 Dia de los Muertos Luncheon.** Lion's Field Adult and Senior Center, 2809 Broadway. 12 noon–1 p.m. \$5 for lunch. Call for reservations. 826-9041.

**OC. 28 Halloween Costume Party, Dinner and Dance.** Commander's House, 645 S. Main. 6–9 p.m. Enjoy games, food, door-prizes and more. Enjoy the live music of Danny Acosta and Q-VO Band. \$6 adults and \$3 children. RSVP at 224-1684.

**NOV. 4 BRAVO Art Exhibit.** Commander's House, 635 S. Main. 5–8 p.m. Enjoy the artistic works of the center's resident artist and his students; enjoy snacks and drinks. Free. 224-1684.

**NOV. 4 Family Flashlight Night.** Botanical Garden,

555 Funston Place. 6:30–9 p.m. Join us on a guided tour of the garden as we explore at this magical time of day. 207-3250.

**NOV. 5 Active Family Fun Day in the Park.** Harlandale Park, 301 Sussex. 9 a.m. - 12 noon. 207-3000.

**NOV. 10 Veteran's Day Breakfast.** Granados Adult and Senior Center, 500 Freiling. 9–11 a.m. Granados will honor, recognize, and serve breakfast to Veterans and a guest. Free. RSVP at 207-3285

**NOV. 15 -17 Thanksgiving Luncheons.** Commander's House, 645 S. Main. 11:30–1 p.m. Cost: \$3. Call 224-1684 for reservations.

**NOV. 18 Thanksgiving Luncheon.** Lion's Field Adult and Senior Center, 2809 Broadway. 12 noon. Come celebrate and give thanks with family or friends. \$6.50 per person. For reservations call 826-9041.

**NOV. 21-23 Thanksgiving Holiday Camps.** Holiday-themed arts and crafts and games will be offered to youth ages 6 to 14, at 14 community centers. Hours are 7:30 a.m. to 5:30 p.m. \$2 per participant per day. Participants are asked to bring their own lunch, drink and snack. 207-3000.

**DEC. 4 31st Annual Christmas Open House and Bazaar.** Commander's House, 645 S. Main. 10 a.m.–4 p.m. Come shop for one of a kind holiday crafts and hand-made items. This event will be a celebration for the entire family with refreshments and music provided by the Commander's House student ensembles. Free. Call 224-1684.

**DEC. 13-15 Holiday Celebration and Luncheons.** Commander's House, 645 S. Main. 11:30–1 p.m. Cost: \$3. Call 224-1684 for reservations.

**DEC. 16 Holiday Party and Open House.** Lion's Field Adult and Senior Center, 2809 Broadway. 2–4 p.m. Come celebrate the season with refreshments and music and learn more about all the great activities offered at Lion's Field. Free. 826-9041.

**DEC. 19 -23 AND DEC. 27-30. Winter Holiday Camps.** Holiday themed arts and crafts and games will be offered to youth ages 6 to 14, at 14 community centers. Hours are 7:30 a.m. to 5:30 p.m. \$2 per participant per day. Participants are asked to bring their own lunch, drink and snack. 207-3000.

**JAN. 21 & 22, 2012 A Winter Paws.** Botanical Garden, 555 Funston Place. 9 a.m.–5 p.m. Bring your dog for a walk in the garden! Regular admission plus \$5 (cash only) surcharge per dog. 207-3250.

**JAN. 26, 2012 3rd Annual Chili Cook-Off.** Granados Adult and Senior Center, 500 Freiling. 1:30 p.m. Enter your favorite chili recipe in this free, low-key cook-off while relaxing with friends and listening to music. 207-3285.

**FEB. 11, 2012 Chocolate Day.** Botanical Garden, 555 Funston Place. 10 a.m.–2 p.m. Indulge your appetite for knowledge about everyone's favorite botanical treat—chocolate! See a real cacao tree, sample chocolate treats, and learn about the botany and history of chocolate. 207-3250.

# Natural Areas

[www.sanaturalareas.org](http://www.sanaturalareas.org)



Get active, get fit and step up to recreation! There's no better location than San Antonio's Natural Area Parks, where fresh air, sunshine and nature are abundant. Outdoor enthusiasts will enjoy numerous trails in Crownridge Canyon, Eisenhower, Friedrich Wilderness, Hardberger, Medina River and Walker Ranch Parks. Enjoy physical exercise while observing wildlife and learning more about South Texas native species. The best part of all, admission is free.

## Crownridge Canyon Natural Area

7222 Luskey Blvd.

Hours: 7:30 a.m. to sunset

(Closed Christmas and New Year's Day)

Crownridge features approximately 1.3 miles of American Disabilities Act (ADA) Level 1 accessible trails. The 207-acre property also includes a covered shelter with seating, a rainwater harvesting demonstration area, interpretive signs, way-finding signs, and native landscaping enhancements. The park was designed with protective safeguards for its karst—an irregular limestone region with sinks, underground streams and caverns. To protect the karst and other natural features, visitors are requested to stay on the trails and pets are not allowed.

## Eisenhower Park

19399 Northwest Military Hwy.

Hours: 6 a.m. to sunset

Nearby Eisenhower Park, south of Camp Bullis on Northwest Military Hwy., offers an additional five miles of trails for hiking, jogging and nature study. Special markers on select trails designate examples of Texas Hill Country vegetation. A marker guide is available at the trailhead near the public restrooms. This 320-acre park contains excellent examples of Texas Hill Country landscapes, including wooded dry creek beds and rocky canyons. Pets are allowed on leash, but please be prepared to remove any droppings. Barbecue and picnic facilities are available. A large event pavilion is available by reservation. Two smaller pavilions may also be reserved. (Call 207-7275 for facility reservations.) No roller blades, scooters, bicycles, etc., are allowed and hikers are required to stay on designated trails. To help preserve the health and beauty of this sensitive natural area, please do not disturb the plants, rocks or animals.

## Second Saturday Programs

Eisenhower Park

10 a.m.–12 noon

7–9 p.m. on Oct. 8

Program Reservations: 372-9124

Recommendation Donation: \$3 per person or \$5 per family

Families are invited to experience the natural world up close and personal through a variety of programs with topics ranging from spiders and bats to plants and fossils. Arts and crafts or nature hikes are often part of the fun. Some of the upcoming programs include:

**April 9 – Meeting Snakes.**

Friedrich Wilderness Park. Exploring snakes of the San Antonio area with members of the South Texas Herpetology Association.

**May 14 – Fossil Fun Continues.**

Local educators help us dig deeper into the world of fossils. Focus on 'id' and places to fossil hunt.

**June 11 – Drop By Drop.**

Matt Driffel of the San Antonio River Authority demonstrates the value of watersheds and introduces river critters.

**July 9 – Growing Up WILD.**

This program targets children ages 3 to 7 and their families with nature games, crafts, hands-on displays and other activities.

**August 13 – Bat Bonanza.**

Nyta Brown, Texas Parks and Wildlife Natural Resource Specialist, introduces us to these much misunderstood creatures.

**Sept. 10 – Tunas, Nopales and More.**

Join Patty Pasztor, native plant expert, in a fun exploration of natural fibers, food and other uses of local plants.

**Oct. 8 – Welcome To My Web.**

A lively investigation of spiders with a brief walk to look for them with Dr. Cary Guffey of Our Lady of the Lake University.

**Nov. 12 – What's Bugging You?**

We all love those creeping and crawling bugs. Holly Camero leads our exploration into the world of the six-legged.

**Dec. 11 – Chompers and Clompers.**

Examine animal pelts, skulls and model feet to learn how they eat and get around. Make a plaster cast.

## Friedrich Wilderness Park

21395 Milsa

Hours: 7:30 a.m. to sunset

(Closed Christmas and New Year's Day)

564-6400 (for information on Friedrich, Eisenhower and Crownridge Parks)

Friedrich Wilderness Park offers 5.5 miles of hiking with varying degrees of difficulty. It is home for rare birds, terrestrial orchids, steep hills and deep canyons. It is internationally known for bird

watching. Perched on the edge of the Balcones Escarpment, Friedrich is a nesting site for two federally listed endangered species of birds: the Black-capped Vireo and the Golden-cheeked Warbler. To protect the endangered species, pets are not allowed. Restrooms and water fountains are found at the entrance to the park. Visitors are encouraged to bring water bottles for longer hikes in warm weather. Rules include no fires, no smoking on trails, and hikers are required to stay on designated trails. Pedestrians only; roller blades, skateboards, scooters, bicycles, etc., are not allowed.

## Wild Weeks! The Nature Chronicles

Youth ages 7–12 years

Friedrich Wilderness Park

Session I: June 20–24

Session II: June 27–July 1

Cost: \$75 per session

(Limited partial scholarships available)

9 a.m.–12 noon

564-6402

Join us on a journey from nature past to nature present. "Feast" after the raptors (dinosaurs and birds). Examine some dinosaur droppings and dissect an owl pellet. Explore how plants came to live on dry land and pound some chlorophyll. Examine the records of bark beetle hieroglyphics, tree rings and rock layers. Paint some rock art and carve a petroglyph. Record your impressions with natural ink and a quill pen. Learn to use a compass. Pump water like a windmill. Hike to see messages from the wildlife. There's so much to do. Don't miss the fun. The journey begins in the summer of 2011. Presented by the San Antonio Natural Areas and the Friends of Friedrich Wilderness Park.

## Wild Wednesdays!

Extraordinary Experiences in Nature!

Friedrich Wilderness Park

9:30–11:30 a.m.

564-6402

Family oriented activities targeted at children ages 7 to 11 years. \$5 a class with a maximum of \$10 per family per class.

**July 13 – Raptors!**

Learn about the raptors; hawks, falcons, eagles, vultures and owls – their feeding habits and behavior. Dissect an owl pellet.

**July 20 – Ants in Your Pants.**

Wait! Don't grab the insecticide! Most ants do beneficial things. Many are not aggressive. Learn about our local ants and what they do, the good and the bad.

**July 27 – Rock Art.**

Investigate nature symbols, pigments and rock materials while making a petroglyph and a rock painting. Short hike included.





### Aug. 3 – Crazy Ants.

Information on crazy ants, raspberry ants, leaf-cutter ants, farmer ants, slave ants, carpenter ants, smelly ants, honey ants, army ants and more.

### Aug. 10 – Water Water Everywhere.

In the sky; in the ground; in a faucet. Make some rain; use a windmill pump and hike to our windmill; examine the water we drink; make a 'stream' flow.

### Aug. 17 – Chompers and clompers.

Examine animal pelts, skulls and model feet; learn how they eat and get around. Make a tooth mold and a plaster track cast.

## Phil Hardberger Park

[www.philhardbergerpark.org](http://www.philhardbergerpark.org)

**13203 Blanco Rd. entrance**

**8400 N.W. Military Hwy. entrance**

**(opening May 2011)**

**Hours: Sunrise to sunset**

**Park Information: 207-3284**

**Program Information: 207-3106**

Positioned in the heart of one of San Antonio's major population centers, Hardberger Park is envisioned as a new central park for the city. The goal is to create a park that offers ample and varied recreational opportunities to all of San Antonio's citizens, while simultaneously celebrating the natural beauty of the space and preserving as much of the original landscape and vegetation as possible.

Hardberger Park encompasses 311 acres of former Voelcker Ranch property located between Blanco Rd. and N.W. Military Hwy.

The first phase of the park features a 1.5-mile loop trail and parking located at 13203 Blanco Rd. Other amenities include a dog park and a playscape. A new trail connecting Blanco Rd. to the Geology Loop and Water Loop trails will be complete in summer 2011.

Additions opening on the N.W. Military Hwy. side of the park include a parking lot, a second playscape, two basketball courts, picnic tables, trails, two open play (multi-purpose) fields and a pilot oak savanna. Future improvements include an urban ecology center.

Additional improvements on the Blanco Rd. side of the park include an outdoor classroom and an overlook located near the historic farmstead off Voelcker Lane that will give visitors a birds-eye view of Salado Creek from the top of a wooded bluff.

## Phil Hardberger Park

**Monthly Education Programs**

**Program Reservations: 207-3106**

**Suggested donation: \$3 per person or \$5 per family**

**9-11 a.m.**

Nature lovers are invited to learn more about



the natural world through a variety of programs. Topics range from dinosaurs and snakes to bicycle safety and going green. Arts and crafts and nature hikes are often part of this fun and educational experience. Programs will be held at the 13203 Blanco Rd. entrance to the park.

### April 2 – Snakes Alive!

Learn about venomous and non-venomous snakes, view them up close and hold or touch a friendly snake. Kid-friendly craft included.

### May 7 – Bicycle Safety.

Park Police Officers will offer instruction on how to do an annual maintenance inspection of your bicycle. Learn safety issues and trail courtesy and take a ride on the trails with Park Police. Bring your own bike and helmet.

### June 4 – Going Green.

Get information on water conserving plants from SAWS, learn energy efficient ideas from CPS, obtain recycling information from Solid Waste Management and learn about energy efficient heating and cooling for your home from Build SA Green. Kid-friendly activity included.

### Sept. 3 – Fall Gardening.

Join Charles Bartlett, landscape design professional and San Antonio Master Gardener as he discusses fall garden preparation. The first 100 attendees will receive a free native 4" perennial plant. Kid-friendly activity included.

### Oct. 3 – Butterfly Beat.

Monika Maeckle, Texas Butterfly Ranch blogger, will talk about how to bring the monarchs and other butterflies back to Texas. Learn what plants attract butterflies. Kid-friendly activity included.

### Nov. 5 – Native Plant Hike.

Join author and botanist Paul Cox for an interpretive hike along the 1.5 miles of trail at Hardberger Park. Learn how to identify native trees and plants. Kid-friendly activity included.

### Dec. 3 – Dinosaur George.

George Blasing is a self taught paleontologist and animal behaviorist who has been studying and researching dinosaurs for over 35 years. His presentation showcases a large collection of dinosaur bones and is appropriate for all ages.

## Medina River Natural Area

**15890 Highway 16 South**

**Hours: Sunrise to sunset**

**Program Reservations: 207-3106**

**Camping Reservations: 207-6141 or call any Community Link Service Center**

This natural area gives citizens access to a beautiful 511-acre property that has been enhanced with 10 miles of trails with interpretive features representing the El Camino Real wagon trail. The northside of the park includes a large covered pavilion, restrooms, trailhead, parking and a staff building. Medina River Natural area provides trails for hiking, cycling and fishing along the Medina River. Dogs are allowed on



leash. The park also features a group camping area available by reservation. This area includes parking, camping, restrooms, water service and a small covered pavilion for camping activities.

## Medina River Natural Area

**Second Saturday Programs**

**Program Reservations: 207-3106**

**Suggested donation: \$3 per person or \$5 per family**

### April 9 – Celebrate Urban Birds.

9- 11 a.m. Join birding experts Tom and Patsy Ingle to celebrate urban birds in our area. Learn to use binoculars and take a hike to look for birds. Flying Wild birding activities included.

### May 14 – Wildflower Hike.

9-11 a.m. Join Texas Wildflower expert Lottie Milsaps on a hike to discover wildflowers along the river. Kid-friendly Mother's Day activity included.

### June 11 – What's Happened to the Horny Toads?

9-11 a.m. Texas Parks and Wildlife Biologist Ryan Darr will discuss the many factors responsible for the disappearance of the Texas horned lizard or Horny Toad. Take a hike along the trail to search for them. Kid-friendly activity included.

### July 9 – Bicycle Safety.

9-11 a.m. Park Police Officers will teach participants how to conduct an annual maintenance inspection of their bicycle. Learn safety issues and trail courtesy and take a ride on the trails with Park Police. Appropriate for children ages 5-12. Bring your own bike and helmet.

### Aug. 13 – Fishing Clinic.

8-10 a.m. Join Matthew Drifill, San Antonio River Authority Educational Specialist, as he explains the State of Texas rules for fishing. Learn and practice how to tie a hook to a line and how to bait a hook with a worm. Practice casting and then go fishing on your own along the Medina River. Recommended for children ages 5-12. Limit of 20 children.

### Sept. 10 – Mussel Watch.

9-11 a.m. Learn about the Texas Parks and Wildlife Mussel Watch program from Christine Westerman. She has conducted a Mussel Watch project along the Medina River area. Learn about mussels and her findings and what they tell us about the changes in the environment.

### Oct. 8 – Sixth Annual Fall Fest.

9-11 a.m. Bring the whole family for a fun filled Saturday morning featuring activities such as Art in the Park, Texas Mammal Skins and Skulls, Live Snakes, Search and Rescue Dogs, Leaf Animals, Nature Tattoos, Water Conservation and many more activities.

### Nov. 12 – Owl Prowl.

6-8 p.m. Join Richard Heilbrun, Texas Parks and Wildlife Biologist, for an evening about owls. Take a walk to the interpretive area where Barred



# Natural Areas

[www.sanaturalareas.org](http://www.sanaturalareas.org)



Owls will be called in with owl calls. Limited to 50 people. Get your reservation in early!

## Dec. 10 – Fossil Fun.

9-11 a.m. Join fossil enthusiast and middle school science teacher Larry McBee as he shows us his large collection of Texas Fossils. Learn how to identify fossils through hands-on demonstrations.

## Toddler Tuesdays

### Medina River Natural Area

10-11:30 a.m.

207-3106

Adults: \$2 suggested donation

Kids: Free

Parents with youngsters ages 3 to 5 are invited to enjoy a guided interpretive nature hike on the trails. A kid-friendly activity is included. Strollers welcome.

April 5 – Birds

May 3 – Ants

Sept. 6 – Who Lives in a Tree?

Oct. 4 – River Wild

Nov. 1 – Terrific Turkeys

Dec. 6 – Rocks and Fossils

## Medina River Natural Area Summer Nature Camps

8:30-11:30 a.m.

207-3106

\$50 recommended donation with limited scholarships available

### June 13-17 Summer Nature Camp.

Recommended for 7-10 year olds. Campers will explore the basics of the water cycle, native plants, mammals, geology, reptiles, birds, fish and insects in a natural area outdoor setting. Hiking along the Medina River and kid-friendly, take-home nature craft activities will be included.

### June 20-24 You Rock!

Recommended for 10-14 year olds. Campers will learn about ethnobotany, geological forces of nature, compass and natural area inventory techniques with nature craft activities included.

## Walker Ranch Historic Landmark Park

12603 West Avenue

Hours: 6 a.m.-10 p.m.

The park features a 0.5 paved exercise trail, about a mile of nature trail, a playscape and a covered pavilion. Rules include no fires (including bbq pits and hibachis) and no camping. Trail signs and a map board help visitors explore the nature trail.

## First Saturday Interpretive Walks

Friedrich, Crownridge Canyon  
and Eisenhower

10 a.m.-12 Noon (family walks end at  
11:30 a.m.)

## Reservations: 372-9124

### \$2 suggested donation

These walks are designed to give individuals and families an introduction to the natural and cultural history of San Antonio's natural areas. The hikes are conducted on the first Saturday of each month. Full water bottles are a must.

### April 2 – Friedrich Park Windmill and aquifer.

On this spring hike, we will enjoy the fresh vegetation and visit the windmill at Friedrich Park. You'll get a chance to try our new working model of a windmill pump!

### May 7 – Eisenhower Park Family walk with crafts.

This walk is planned for families with young children and will proceed at a leisurely pace on the paved trails. We'll look for seeds of the plants and after the hike we will make some Texas-sized mosquitoes from devil's claw seed pods.

### June 4 – Crownridge Canyon Plants.

Regardless of drought or deluge in the spring, Master Naturalist Ron Tullius will captivate you with his knowledge of the canyon plants you will see.

### July 2 – Friedrich Park Insects.

Your guide will point out the delightful features of the park and a bug expert will teach your more about six-legged critters.

### Aug. 6 – Eisenhower Park Family walk with crafts.

This walk is planned for families with young children and will proceed at a leisurely pace on the paved trails. Make a thorny cactus to take home.

## Sept. 3 – Crownridge Canyon Trees.

Master Naturalist Ron Tullius will again lead this leafy hike in Crownridge Canyon. Our focus will be the largest members of the plant kingdom. There's such a diversity of tree bark, leaves and growth habit that you won't be bored on this walk.

## Oct. 1 – Friedrich Park Animal Signs.

When people come to walk with us, they always ask, "Where are the animals?" Well, they are hiding and they are nocturnal and they can be almost unnoticeably small, but we can see 'signs' of their presence even if we don't see them. We'll look for those signs as we enjoy all that is going on in nature.

## Nov. 5 – Eisenhower Park Decomposition.

It's a rotten, dirty job but someone has to do it! As we walk the trails, we will observe many natural features but we will focus on decomposition, those processes and critters that turn dead leaves and such back into soil. One thing we hope to find is 'hieroglyphics' from the bark beetles.

## Dec. 3 – Crownridge Canyon Fall Color.

As we walk and see what fall has brought to the canyon, we will solve the mystery of why you can look at the 'balcones' of the hills and see a red and green layer cake of color. And that's not the only sign of winter's approach – see how many more you can find!

Note: Natural Areas parks have elements that may be extremely challenging or limiting for accessibility, physical strength and endurance. If you have questions about visiting a Natural Area or participating in a Natural Areas program, please call 372-9124.

## Neighborhood Fishin'

**Texas Parks and Wildlife invites you to Go Fishing!**

[www.neighborhoodfishin.org](http://www.neighborhoodfishin.org)

Channel Catfish and Rainbow Trout are stocked every two weeks at:

- Millers Pond, 6175 Old Pearsall Rd.
- South Side Lions Lake, 3900 Pecan Valley Dr.

Community Fishing Waterways stocked periodically include:

- Brackenridge Park, 3700 N. St. Mary's
- Earl Scott Pond, 12160 Babcock Rd.
- Elmendorf Lake, 3700 W. Commerce
- Espada Park, 1750 S.W. Military Dr.
- Wheeler Pond, 10239 Ingram Rd.
- Woodlawn Lake, 1103 Cincinnati

Don't forget your fishing license!



# Golf

[www.alamocitygolftrail.com](http://www.alamocitygolftrail.com)



**Hole 10 - Brackenridge Park Golf Course**

## **Brackenridge Park Golf Course**

**226-5612, 2315 Avenue B**

This historic 18-hole golf course, the first golf course inductee into the Texas Golf Hall of Fame, was the original site of the PGA Winter Tour. The course is the site of the Texas Golf Hall of Fame and Golf Museum. Located near the heart of San Antonio in historic Brackenridge Park, this course is the oldest of the six municipal golf courses. It opened for play in 1916 as an 18-hole championship course. The Texas Open Golf Tournament originated on this course in 1922 and was played here until 1959. The golf course was renovated in 2008 with a layout that includes 15 of the original 18 holes previously designed by the renowned golf course designer A.W. Tillinghast. The golf course measures 6,263 from the championship tees with a par of 71.

## **Cedar Creek Golf Course**

**695-5050, 8250 Vista Colina**

Cedar Creek is no ordinary golf course! This hidden golf gem is located north of Loop 1604, off of Kyle Seale Parkway on the northwest side of San Antonio. Cedar Creek Golf Course opened in 1989 and was designed by Finger Dye Spann, Inc. If you are looking for a true hill country golf course, Cedar Creek will certainly accommodate. Rolling hills, doglegs, and blind tee shots are all common features that make ball striking a premium on this track. Beautiful vistas and the hill country terrain make playing this course a memorable and challenging experience. Cedar Creek measures 7,150 yards from the championship tees with a 74.1 course rating and a slope of 130.

## **Mission Del Lago Golf Course**

**627-2522, 1250 Mission Grande**

Mission Del Lago is the southern alternative to the Alamo City Golf Trail's Cedar Creek Golf Course. It is located south of San Antonio near Mitchell Lake. Built on flatter land, this course will test your game similar to a British style links course. Large multi-tiered greens, over 100 bunkers, and windy conditions make it a unique experience that you will not find anywhere else on the Alamo City Golf Trail. Mission Del Lago also features many visually appealing water hazards that requires planning on the tee box.

This course is an inviting place for all golfers as it features a wide selection of tee boxes ranging from 5300 yards (Women's) to 7044 yards (Men's Back). Mission Del Lago offers a large practice green, chipping course, and driving range. Golfers routinely make the trip to Mission Del Lago's to enjoy one of the Trail's most distinctive courses.

## **Olmos Basin Golf Course**

**826-4041, 7022 N. McCullough**

Olmos Basin is San Antonio's most popular municipal course. It is located just north of downtown San Antonio, off of Highway 281. It opened in 1963, and was designed by George Hoffman. Olmos Basin has been the site of numerous Men's and Women's City Amateur championships. The course is playable for all types of golfers from beginners to scratch players. Course features include tree-lined fairways, long par 3's, reachable par 5's, and a creek that winds through the course, making it an interesting layout that locals thoroughly enjoy. The toughest hole at Olmos Basin is #2, a par 4 tree-lined dogleg right, that leaves most players with a mid to long iron uphill approach shot. Olmos Basin's yardage from the Championship tees is 6,847 yards with a course rating of 71.1.

## **Riverside Golf Course**

**533-8371, 203 McDonald Avenue**

One of San Antonio's oldest golf courses, Riverside is a golf course for the whole family. It is located just four miles south of downtown San Antonio. It features an 18-hole championship layout and a 9-hole par 3 course. Riverside's front nine

opened in 1929 and the back nine was added in 1961. Because the two sides were built at different times, each 9-holes offers a different golf experience. The front nine features tree-lined fairways, penalizing errant tee shots. The back nine "opens up" with less trees and more birdie opportunities. The San Antonio River splits the front and back nine. This south-side course is a old fixture of San Antonio that provides a quality golf experience for beginner to intermediate players.

## **San Pedro Driving Range & Par 3**

**349-5113, 6102 San Pedro**

The hitting area will accommodate 50 people, with a range of 350 yards and two practice greens available for putting and chipping. This facility also offers golf lessons and many junior golf activities. The range is equipped with lighting for night practice. The 9-hole par 3 course covers a total area of 943 yards, open seven days a week.

## **Willow Springs Golf Course**

**226-6721, 202 AT&T Center Parkway**

Willow Springs has been a true test for many San Antonio golfers over the years. The popular course, site of several Texas Opens and frequent local amateur tournaments, is located East of downtown San Antonio across the street from the AT&T Center, the home of the San Antonio Spurs. Willow Springs appeals to many amateur golfers due to its open fairways and large greens. Willow Springs' toughest defense is its length. From the back tees, the course plays 7221 yards and is the home of two 600+ yard par 5's. The undulating greens at Willow Springs are no easy challenge. They were recently renovated with tiff-eagle grass, so you can expect fast and smooth putting surfaces.



**Hole 7 - Brackenridge Park Golf Course**

**To book a tee time at any of the Alamo City Golf Trail courses listed above, you can call the course directly or book online at [www.alamocitygolftrail.com](http://www.alamocitygolftrail.com).**

# Community Initiatives

San Antonio and Bexar County Head Start

[www.saheadstart.org](http://www.saheadstart.org)



Head Start provides 3-5 year olds with comprehensive, high quality services that include: Early Childhood Education, Medical and Dental Health, Mental Health, Disability Services, and Family and Community Support Services. Priority assistance is given to children from low-income families and children with a disability, including a severe disability.

The purpose of Head Start is to promote success through school readiness training and family strengthening. Head Start operates 77 sites throughout the City and County with the following education service providers:



**AVANCE – San Antonio**  
Serving Harlandale ISD  
(210) 921-7000  
[www.avance.org](http://www.avance.org)

**Edgewood ISD – Serving Edgewood ISD**  
(210) 444-7825  
[www.eisd.net](http://www.eisd.net)

**Family Service Association**  
Serving East Central ISD, Ft. Sam Houston ISD, Judson ISD, Medina Valley ISD, North East ISD, Northside ISD, Southwest ISD and South  
**San Antonio ISD**  
(210) 299-2400  
[www.family-service.org](http://www.family-service.org)

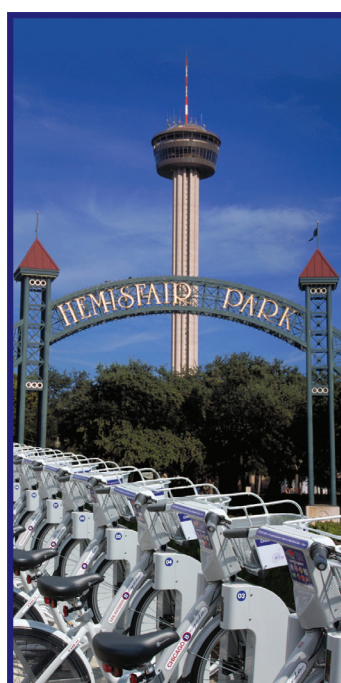
**Region 20**  
Serving Alamo Heights ISD, Somerset ISD, Southside ISD and Southwest ISD  
(210) 370-5650  
[www.esc20.net](http://www.esc20.net)

**SAISD – Serving San Antonio ISD**  
(210) 222-8591  
[www.saisd.net](http://www.saisd.net)

## Head Start Program Services

- High quality educational instruction
- Healthy meals in a family-style setting
- Safe indoor and outdoor environments
- Tooth-brushing after meals
- Health and Dental screenings
- Fluoride treatments
- Medical/Health insurance enrollment assistance
- Transportation for eligible children based on education service provider availability
- Assistance with referrals to medical, social services, or employment specialists in the community
- Bilingual early educational learning and support
- Parent Leadership Skills and Workshops
- Parental support and guidance
- Opportunities for parents to serve as volunteers and participate in parent empowerment activities

For more information call (210) 206-5500 or visit our website at [www.saheadstart.org](http://www.saheadstart.org)



## SAN ANTONIO B<sub>cycle</sub>

Next time you're downtown, grab a bike to go!  
Daily, weekly, and annual memberships available

### Memberships

Sign up online - includes member card & personal online profile with ride tracking.  
Riders must be 16 years or older.

San Antonio B-cycle Membership Pricing	
Subscriptions	Price
1 Day	\$10
7 Days / weekly	\$24
Annual	<del>\$60</del> \$25
Students & Senior Annual	\$48
Additional Fees	
1st half hour	\$0.00
Additional 30 minutes	\$2.00
Max per day	\$35.00

**ANNUAL MEMBERSHIPS \$25.00 WHILE SUPPLIES LAST!**

Customer Service: 210-281-0101  
Visit: [sanantonio.bcycle.com](http://sanantonio.bcycle.com) • [sanantoniobikeshare.org](http://sanantoniobikeshare.org)  
Email: [info@sanantoniobikeshare.org](mailto:info@sanantoniobikeshare.org)



[www.sanantonio.gov/sabikes](http://www.sanantonio.gov/sabikes)  
[gis.sanantonio.gov/oep/bike](http://gis.sanantonio.gov/oep/bike)

SAN ANTONIO BIKE SHARE





# After School Challenge Program

[www.sanantonio.gov/comminit](http://www.sanantonio.gov/comminit)



## After School Challenge Program Community Initiatives Department 207-4021

The After School Challenge Program provides over 12,000 San Antonio students with educational enrichment activities, homework assistance and recreation activities at more than 130 campuses. The program is available at designated sites in the following eight school districts: East Central, Edgewood, Harlandale, North East, Northside, San Antonio, South San Antonio and Southwest. The program fees are based on the sliding fee scale listed below.

Sites are open three hours each day, offering tutoring, arts and crafts, recreation and social skills building. Enrichment activities vary per site and include art, theater, financial literacy and environmental awareness. Snacks are provided at no charge.

For more information and to find out if your child's school is offering this program, call 207-4021 or visit the Community Initiatives Department's website at <http://www.sanantonio.gov/comminit/ChildCareAfterSchoolChallenge.aspx>.



San Antonio Community Initiatives

# After School Challenge Program

Full Program Fee Level 1		After School Challenge Program		
Family Size	Annual Income	1 Child	2 Children	3 or More Children
2	\$29,141 or More	\$250	\$400	\$550
3	\$36,621 or More			
4	\$44,101 or More			
5	\$51,581 or More			
6	\$59,061 or More			
7	\$66,541 or More			
8	\$74,021 or More			
For each additional person, add	\$3,740			

REDUCED Program Fee Level 2		After School Challenge Program		
Family Size	Annual Income	1 Child	2 Children	3 or More Children
2	\$29,140 or Less	\$20	\$30	\$40
3	\$36,620 or Less			
4	\$44,100 or Less			
5	\$51,580 or Less			
6	\$59,060 or Less			
7	\$66,540 or Less			
8	\$74,020 or Less			
For each additional person, add	\$3,740			

Source: Federal Register (January 23, 2009 (Volume 74, Number 14)), (Pages 4199-4201)

### NO ADDITIONAL FEE FOR MORE THAN THREE (3) CHILDREN

Should you wish to qualify for Level 2 - Reduced Program Fees one of the following documents is required for the Income Verification Process:

- 2009 Federal Income Tax Return & W-2 Forms (After April 17, 2011, the 2010 Federal Income Tax Return is required)
- 2010-2011 School Free or Reduced Lunch Qualification Form
- TANF, Food Stamps, SSI, Medicaid, and/or CHIP Award Documents
- Any other Public/Government Benefit Award Documents
- Notarized Employment Verification Document

**NO CHILD WILL BE TURNED AWAY DUE TO INABILITY TO PAY**  
Should you need assistance, please call 207-4021 for more information

[www.sanantonio.gov/comminit/asc/ascprogram.asp](http://www.sanantonio.gov/comminit/asc/ascprogram.asp)



### Don't be a Couch Potato



When the final school bell sounds, be sure not to neglect reading, physical activity or family time. Keep your reading skills sharpened with a good book, avoid spending too much time in front of the computer or video games, maintain the family dinner schedule, and keep more healthy snacks on hand while limiting chips, cookies, soda and other fattening items.

Eating healthy is one of the most important things you can do to prevent health problems associated with being overweight or obese. Eat a variety of nutrient-rich foods and beverages from the following basic food groups: grains, vegetables, fruits, milk, and meat and beans. Be sure to limit saturated fat, trans fats, cholesterol, sugars, salt, and alcohol.

When dining out look for the *Por Vida!* symbol on restaurant doors and menus. *Por Vida!* recognizes restaurants that offer healthier menu choices.



### Think Back to School Now

Parents and guardians are reminded that immunizations are part of comprehensive, year-round, health care for their children. Metro Health encourages parents to schedule appointments for their children's check ups and any required vaccinations during the spring or summer months.

Children of all ages may need immunizations, but recent changes will affect students entering kindergarten through 2nd grades and 7th through 9th grades:

#### MMR

two doses after 1 year of age for grades K through 2

#### Hepatitis A

two doses after 1 year of age for grades K through 2

#### Varicella

two doses after 1 year of age for grades K through 2 and 7 through 9

#### Tetanus, Diphtheria and Pertussis (Tdap)

one dose for grade 7 if at least five years have passed since the last tetanus-containing vaccine dose; one dose for grades 8 through 12 when ten years have passed since the last tetanus/diphtheria-containing vaccine

#### Meningococcal (MCV4)

one dose for grades 7 through 9

Be sure to take the following with you to your child's appointment:

- Most recent shot record
- Current Medicaid or CHIP card, cash, or insurance information
- Letter from the school nurse, if one was received

Inform your doctor or nurse about any allergies or reactions to medications or vaccine that your child has had in the past. Make sure your college-bound students are up to date on their immunizations and ask about the Tdap, Meningococcal, and HPV vaccines.

Metro Health clinics are available to assist with immunizations if your private physician is not available. Call 207-8894 to schedule an appointment.

### Watch Out for Heat Alerts

Don't let the heat keep you indoors. Stick with your fitness routine or outdoor play in the summer by using these tips to prevent heat-related illnesses:

- Drink plenty of water and eat regular meals. Avoid alcoholic and caffeine drinks while in the heat.
- Wear sunscreen with an SPF of at least 30 and apply often, particularly after water activities.

- Take frequent breaks from the sun in a shady spot.
- Pay special attention to those at high risk, i.e. the elderly, children up to 4 years of age, and people who are overweight or on medications because they are more vulnerable.
- If taking medications, ask your doctor if sun exposure or heavy exercise should be avoided.
- Do not leave infants, children or pets unattended in a parked car or other hot environments under any circumstances.
- Provide plenty of fresh water and shade for outdoor pets.

Be cautious during heat alerts. Metro Health will activate a hot weather health watch when temperatures reach 100 degrees or the heat index is within the 90-105 degree range for two consecutive days.

### A Clean Pool is a Safer Pool

Help yourself and your fellow swimmers stay safe this summer by keeping the pool as clean as possible. Poor hygiene can lead to a recreational water illness (RWI), resulting in diarrhea or perhaps a severe infection. So follow these hygiene rules:

- Practice good hygiene. Take a shower before swimming and wash your hands after using the restroom or changing diapers.
- Don't swim when you have diarrhea. This is especially important for kids in diapers.
- Don't swallow pool water and avoid getting it in your mouth.
- Take kids on bathroom breaks often. Waiting to hear "I have to go" can be too late.
- Check diapers often and change them in a bathroom instead of poolside. Throw used diapers directly into the trash.

(Source: Centers for Disease Control and Prevention)

If you're concerned about the cleanliness of a public or community pool, call Metro Health at 207-8853 or 207-0135.





### Quit Smoking Now — Get Help

Each year, a staggering 440,000 people die in the U.S. from tobacco use. Nearly 1 of every 5 deaths is related to smoking. Cigarettes kill more Americans than alcohol, car accidents, suicide, AIDS, homicide, and illegal drugs combined. Children exposed to secondhand smoke face increased risks for sudden infant death syndrome (SIDS), asthma, bronchitis, and pneumonia.

In San Antonio, the Smoke-Free Ordinance goes into effect in August 2011. Quit now for your family's health and your own. Contact the Quit For Life Program to receive three months of FREE nicotine replacement therapy. Service is confidential. Quit For Life Program 1-877-YES-QUIT or [www.yesquit.com](http://www.yesquit.com).

### Focus on ME NOW... baby later

Summertime means fun time. But how can teens really enjoy the leisure of summer or the benefits of a summer job if they have to deal with the pressures of being a parent? It's time to focus on ME NOW...baby later, a new teen pregnancy prevention campaign.

ME NOW is about taking control of your life and enjoying your teen years while planning for your future and what you would like to become. Go to [www.menowbabylater.com](http://www.menowbabylater.com) and tell us what ME NOW means to you.

Then, go online again on May 4 for National Day to Prevent Teen Pregnancy. Take the online quiz at [www.sanantonio.gov/projectworth](http://www.sanantonio.gov/projectworth) and share the site with your friends throughout the month of May so they can test their knowledge of sex and dating situations, too. Got questions? Call Project WORTH at 207-8850.

### Looking for Help to Feed Your Family? Try WIC

WIC is a supplemental nutrition program for Women, Infants, and Children, and provides food benefits that are redeemable at grocery stores through an electronic card.

WIC also provides nutrition education and counseling, breastfeeding promotion and support, and health care referrals at no cost.

If you are pregnant or have a child younger than five (5) years, call Metro Health's WIC program at 225-0213 to see if you qualify.

### Find a Dental Home for Your Child

Does your child have a dental home – that is, a regular dentist to visit at least twice a year? All children should visit the dentist by their first birthday. Help your child achieve good oral health and be cavity-free through encouraging healthy eating habits, daily brushing and flossing and regular dental visits. Untreated tooth decay can lead to persistent pain and infection, difficulty eating and sleeping, poor self esteem and decreased school performance.

Summer is a great time to schedule a check up with your dentist!

### Oral Health Recommendations for Infants and Children:

- Take your child for a dental visit by age one for early detection and prevention of dental disease.
- Follow a daily oral hygiene routine. Clean your child's teeth as soon as they come in with a soft cloth or a baby's toothbrush, especially before bedtime.
- Have adequate fluoride intake from water to prevent tooth decay.
- Feed your child a well-balanced diet and limit high-sugar snacks and sweetened drinks between meals.
- Prevent Baby Bottle Tooth Decay. Do not put your child to bed with a bottle. Brush your child's teeth with a small amount of fluoridated toothpaste. If your child uses a pacifier, do not dip it in anything sweet. Around one year of age, teach your child to drink from a cup rather than a bottle.
- Have dental sealants placed on back teeth for children after age 6-7 and 12-13.

Metro Health offers low-cost services for children 12 months of age and older and pregnant women. For more information about available community resources or to make an appointment, call 207-4710.

### Planning a Summer Trip?

If you are planning a trip outside the United States, the Department of Homeland Security has set the following traveling requirements.

All persons traveling by air are required to present a passport or other valid travel document to enter or re-enter the U.S.

All persons traveling by land and sea are required to present a passport book/card, or other valid travel documents to enter or re-enter the U.S. Children under age 16 will be able to continue crossing land and sea borders using only a U.S. birth certificate or other form of U.S. citizenship such as a naturalization certificate. The original birth certificate or a copy may be used.

"Long form" birth certificates are required when applying for a passport or a passport card. The fee is \$23 per copy. To purchase a birth certificate, send a request by mail to the Office of Vital Records, Metro Health, 719 S. Santa Rosa, Suite A, San Antonio, TX 78204, visit the office in person Monday through Friday from 7:45 a.m. to 5 p.m., or visit [www.vitalchek.com](http://www.vitalchek.com).

### Get the Lead Out

Are you living in a home built before 1978? It may contain lead-based paint that could be endangering your child's life and limiting his or her learning ability. Other items such as toys, art materials, costume jewelry, Mexican candies, fishing weights, garden hoses, or sidewalk chalk could also contain lead.

Children 6 years or younger should have their lead levels checked at least once a year. Good hand washing habits with soap and water, especially before eating, are also important.

For more information, call the San Antonio Childhood Lead Poisoning Prevention Program at 434-0077.

# Public Health Services

[www.sanantonio.gov/health](http://www.sanantonio.gov/health)

## San Antonio Metropolitan Health District

Clinic Locations & Services Provided

<b>WIC Service locations</b> (210) 225-0213	<b>Dental Services locations</b> <b>Clinical Services</b> (210) 207-4710	<b>School-Based Sealant Program</b> (210) 207-8487
<b>Oral Health Program for Head Start</b> (210) 207-5541	<b>Immunization Service locations</b> (210) 207-8790	<b>All Other Services</b> (210) 207-8730

Clinic Name	Address	Zip Code	Phone	Services
<b>Downtown</b>				
Immunization Center	345W. Commerce	78205	207-8894	Immunizations
STD Clinic	332W. Commerce	78205	207-8830	STD, HIV/AIDS
Tuberculosis Clinic	814 McCullough Ave.	78215	207-8823	Per provider referral
<b>Eastside</b>				
Dorie Miller Center	2802 MLK Dr., #3	78220	356-8882	WIC
*Eastside Office	210 N. Rio Grande	78202	299-5035, 207-8850, 224-7981 (UHS)	Healthy Start, PW, UHS
Pecan Valley Clinic	802 Pecan Valley Dr.	78220	207-4717	WIC
<b>Northside</b>				
Good Health! at Goodwill	727 NW Loop 410 (at Blanco)	78216	525-0059	Immunizations
*Kenwood Clinic	302 Dora St.	78212	207-4710, 736-1536 (UHS)	**Dental, UHS
<b>Northeast</b>				
*Naco-Perrin Clinic	4020 Naco-Perrin	78217	207-4742 (WIC), 644-8900 (UHS)	WIC, UHS
Rittiman Clinic	4343 Rittiman	78218	207-4751	WIC
<b>Northwest</b>				
Callaghan Clinic	4412 Callaghan Rd.	78228	436-5042	WIC
Popping Drive	5055 Popping Dr.	78229	207-4754	WIC
<b>Southside</b>				
South Flores WIC Clinic	6723 S. Flores, Ste 106	78221	924-5868	WIC
*Zarzamora Clinic	4503 S. Zarzamora	78211	207-4720 (WIC), 921-6500 (UHS)	WIC, UHS
<b>Westside</b>				
Buena Vista	2315 Buena Vista	78207	225-0213	WIC
Marbach Clinic	7452 Military Dr. W.	78227	645-4480	WIC
*Salinas Public Health Center	630 S. Gen. McMullen	78237	436-0098, 435-9771 (UHS), 207-4700 (WIC)	**Dental, WIC, UHS

### Services Key

HIV/AIDS = Testing and counseling; STD = Sexually Transmitted Disease diagnosis and treatment; WIC = Women, Infants & Children nutrition program; PW = Project WORTH teen pregnancy prevention program

\*University Health System (UHS) – services also are provided by UHS at these locations and include: well child check-ups, newborn screens, family planning, immunizations, prenatal care, pregnancy testing and STD testing

\*\*Dental services are available for children up to age 13 at this location. Care is provided by University of Texas Health Science Center Dental School

Please follow Metro Health on Twitter and Facebook.



# Find Your Balance

As part of a federal grant aimed at combating obesity and related diseases in San Antonio, the San Antonio Metropolitan Health District (Metro Health) is working collaboratively with many city departments, numerous community partners and the Mayor's Fitness Council to help you and your families strike a balance in your health and fitness.

Find Your Balance has arrived to the Alamo City!

[www.sabalance.org](http://www.sabalance.org) or [www.mysapl.org](http://www.mysapl.org)



Visit [www.sabalance.org](http://www.sabalance.org) to take a FREE, online health assessment, find FREE local events geared toward healthy physical activities, nutritional information and all things related to helping you and your family to "Find your Balance" – for your health, your family, your future.

## How can you benefit from the Find your Balance campaign?

You're invited to try out any or all of the following:

### Indoor health assessment stations

Determining your current health status is key to getting started with any health program. While a visit to your doctor is recommended, other options include visiting one of the new indoor health assessment stations at your local library.

Metro Health, the Find your Balance team and the San Antonio Public Libraries are working together to bring indoor health assessment stations to 20 local libraries.

Similar to the ones seen at local pharmacies and grocery stores, these stations calculate your blood pressure, weight and body mass index (BMI). You can even create an account and monitor your progress over time. Have an uploadable pedometer? Plug right into it to record your physical activity. Best of all – it's FREE. Visit [www.sabalance.org](http://www.sabalance.org) or [www.mysapl.org](http://www.mysapl.org) for a listing of locations.

### Outdoor Fitness Equipment

Hit the trails for a fun and active, outdoor workout. Hop on the total body row machine or the leg press or chest press and work those muscles while burning calories. Exercising in a city park is even easier since several parks now have outdoor fitness equipment and a total of 17 parks will have fitness equipment by the end of 2011. The best part of all is – it's totally FREE.

#### Parks currently with fitness equipment:

Apache Creek Linear Park  
4239 W. Commerce

Comanche Lookout  
15551 Nacogdoches

Cuellar  
5626 San Fernando

Garza  
1450 Mira Vista

John James  
1300 Rittiman Rd.

Lion's Field  
2809 Broadway

Lockwood  
801 N. Olive

McAllister Park  
13102 Jones Maltsberger

South Side Lions  
3100 Hiawatha

#### Parks receiving fitness equipment throughout 2011:

Arnold  
1011 Gillette

Copernicus  
5003 Lord Rd.

Bonnie Conner  
13300 Woller Rd.

Concepcion  
600 E. Theo and

Elmendorf Lake  
3700 W. Commerce

Miller's Pond  
6175 Pearsall Rd.

Stablewood Farms  
3903 Crooked Trail

Woodlawn Lake Park  
1300 Cincinnati

*\*(Equipment at Comanche Lookout, McAllister and Bonnie Conner Parks is funded by the Parks and Recreation Department).*

### Fitness in the Park

Metro Health, the Parks and Recreation Department and the Mayor's Fitness Council are working to bring FREE fitness classes to local city parks in each council district. Classes that you and your family can participate in include Zumba, yoga, walking groups and many more. Some of the partners providing professional instructors are the YMCA, Lifetime Fitness, Spectrum Health Clubs and the list keeps growing. Visit [www.sabalance.org](http://www.sabalance.org) for a complete listing of park locations and schedules.

### Ciclovia

The City of San Antonio and the YMCA are bringing an exciting new and innovative event to San Antonio called Ciclovia!

Ciclovia is an event where urban city streets are temporarily closed to motorized vehicles and opened up to pedestrians for cycling, walking, skating and so much more!

Ciclovia has proven to be successful in other cities and countries throughout the world to increase physical activity in urban communities. Ciclovia also offers other benefits such as social interaction, and opportunities for all to participate in a variety of activities. So bring your family, friends and co-workers to join in the Ciclovia fun! Visit [www.sabalance.org](http://www.sabalance.org) for complete details as they become available.

### Healthier food choices

Find your Balance, also strives to help residents strike a balance nutritionally. To help you, please check out these opportunities below.



When dining out look for the Por Vida! symbol on restaurant doors and menus. Por Vida! recognizes restaurants that offer healthier menu choices. Only the items with the Por Vida symbol meet the nutritional criteria of no more than:

- 700 calories for the entrée
- 23g total fat
- 8g saturated fat
- 0.5g trans-fat
- 750 mg sodium

#### Restaurant partners (as of March 2011) include:

- Pico de Gallo
- Jim's
- McDonald's
- Carino's Italian
- Delicious Tamales
- Rosemary Delivers
- Fish City Grill
- The Egg & I

### Visit local farmers' markets

Farmers' markets offer great choices for fresh fruits and vegetables.

Find your Balance also collaborates with community partners such as the San Antonio Food Bank. They have launched a new farmers' market that offers locally grown fresh fruits, vegetables and nutrition education. Visit them at:

Main Plaza Farmers' Market (in front of San Fernando Cathedral) Every Tuesday, 10 a.m.–2 p.m.

To find other farmers' markets locations close to you, visit [www.sabalance.org](http://www.sabalance.org)

# Trails and Greenways

[www.sanantonio.gov/parksandrec](http://www.sanantonio.gov/parksandrec)

## Explore the Greener Side of Life



There's no better time than the present to discover our new greenway trails, an ever-growing network of trails, parks, creekways and natural areas that allow limitless opportunities to connect with nature. Bring the whole family and experience the benefits of exercise and being in the great outdoors.

### Greenway Trails

#### Leon Creek Greenway

Loop 1604 to Babcock Road – Explore this newly opened 3.8 miles of trail with trailheads located at Fox Park, 6518 W. Hausman Rd. and at the intersection of Loop 1604 and IH-10 West. This segment connects to the existing 4.2 mile Leon Creek Greenway at Babcock Road and also connects to the southeast corner of the University of Texas at San Antonio (UTSA) campus. The Leon Creek Greenway now stretches a total of 12 miles from 1604 to Ingram Road.

#### Leon Creek Greenway

Babcock to Bandera Road – Discover 4.2 miles of multi-use recreational trail of asphalt and concrete with natural surface off-shoot trails. Rated as easy with steeper slopes at O.P. Schnabel and Leon Vista spurs, the trail features a fishing pond at the north end, views of Leon Creek, and bluffs at the eastern side of O.P. Schnabel Park. Trailheads are located at Babcock Road just west of Spring Rain, O.P. Schnabel Park, 9606 Bandera Rd., Leon Vista Park, 8561 Rochelle and at Mainland Road east of Bandera Road.

#### Leon Creek Greenway

Bandera Rd to Ingram Road – Enjoy this newly opened 5.5 miles of trail that connects to the existing 4.2 mile Leon Creek Greenway at Bandera Road. The trail also connects to Cathedral Rock Park and other nearby locations that feature unique cliffs and rock formations. With the addition of this trail segment, the Leon Creek Greenway now stretches a total of 12 miles from 1604 to Ingram Road. Trailheads are located on Grissom Road between Heath Road and Timberhill Drive and at

the VIA Ingram Transit Center, 3215 Northwestern Drive.

#### Medina River Greenway

15890 Highway 16 South – This seven-mile trail runs from the Medina River Natural Area to the east of Old Applewhite Road. The view, with large Cypress Oak and Pecan trees along the river, is spectacular. The difficulty of the trails is rated from easy to moderate with slopes up to 8.3 percent in two locations. A trailhead at Medina River Natural Area is located at Highway 16, south of Lone Star Pass and just north of the Medina River. A small ADA accessible parking area is located on Old Applewhite Road.

#### Salado Creek Greenway North

Huebner to Blanco Road – This greenway features 2.25 miles of multi-use recreational trail with asphalt and concrete surfaces as well as natural surface off-shoot trails. The scenic route runs between bluffs that run along the east and north sides of the creek. The trailhead is located in Hardberger Park, 13203 Blanco Rd.

#### Salado Creek Greenway North

Loop 410 to Eisenhower Road – Enjoy 2.8 miles of multi-use recreational trail made from asphalt and concrete and additional off-shoot natural surface trails. Hikers will enjoy the views of Salado Creek and large Pecan and Live Oak trees. Trailheads are located at Loop 410 east of Salado Creek and at Ira Lee Road north of Austin Highway.

#### Salado Creek Greenway North

McAllister Park to Loop 410 – Discover four miles of trail among scenic natural landscapes including a unique 3,400-foot boardwalk that runs along a wetland area by Nacogdoches Road. The Morningstar Boardwalk honors Army Staff Sergeant Christopher Morningstar, a native of San Antonio who gave his life for his country. Trailheads are located near the McAllister Dog Park off Starcrest and at the south end of Lady Bird Johnson Park on Nacogdoches Road. The trail will soon be linked to the Salado Creek Greenway North segment that runs from the Tobin Park trailhead at Loop 410 to Rittiman Road.

#### Salado Creek Greenway South

Covington Park to South Side Lions Park – This 2.3 mile multi-use trail offers stunning views of Salado Creek, surrounded by towering bottomland hardwood trees and natural, flowing springs. At the north end of this segment there are trailheads located at Covington and Comanche County Parks, located off Rigsby Road. At the southern end, the trailhead is just east of the lake in South Side Lions Park, 3900 Pecan Valley Drive.

### Park & Natural Area Trails

Enjoy a simple stroll along a well marked path or a more strenuous hike in mountainous terrain. Remember to wear proper shoes and a hat and bring plenty of water. Early morning hikes offer cooler temperatures and a greater chance of seeing wildlife. The trails vary in degree of difficulty and in uses.

Here's a sampling, but you can get a complete listing of trails in Bexar County by checking out the Texas Trail Registry at [www.texasastractails.org](http://www.texasastractails.org)

#### Cathedral Rock

8400 Grissom Rd. – This 56-acre park features 1.88 miles of concrete, pugmill and natural surface trails. Look for signs of early human occupation including fire-cracked rocks that indicate it was a prehistoric campsite.

#### Comanche Lookout Park

15551 Nacogdoches – At 1,034 feet above sea level, this beautiful park rises above rolling hills. Archaeological studies indicate possible occupation as far back as 12,000 years. Enjoy 4.55 miles of asphalt and natural surface trail.

#### Crownridge Canyon Natural Area

7222 Luskey Boulevard – This 211-acre natural area offers 1.9 miles of accessible trail as well as natural surface trails. The beautiful entry way includes tiled artwork and interpretive signs.

#### Eisenhower Park

19399 Northwest Military Hwy. – Enjoy 6.35 miles of trails for hiking, jogging and nature study. See Natural Areas for more information.

#### Friedrich Wilderness

21395 Milsa – Get back to nature by visiting this 279-acre Natural Area featuring 4.6 miles of hiking trails. See Natural Areas for more information.

#### Phil Hardberger Park

13203 Blanco Rd. – This 311-acre park features a two mile loop trail. A new trail will open in early summer 2011 near the dog park connecting Blanco Road to the Geology Loop and Water Loop Trails.

#### McAllister Park

13102 Jones-Maltsberger – A favorite for mountain bikers, this 984-acre park boasts over 15 miles of hard surface trails, but also has soft surface trails and nature trails suited for biking and hiking. The wooded areas with a creek running through them make great surroundings for a healthy jog.

#### O.P. Schnabel

9600 Bandera Rd. – Two miles of paved and accessible trails wind beneath the Mountain Cedar, Oak and Elm tree canopies. Get ready for walking, jogging, hiking and mountain biking in this 202-acre park.

#### Stone Oak Park

20395 Stone Oak Parkway – Hike the 1.15 miles of trail for a breath of fresh air close to nature in this 245-acre park.

#### Woodlawn Lake Park

1103 Cincinnati – An ever popular park, Woodlawn features 1.48 miles of paved trail used for walking and jogging around the picturesque Woodlawn Lake, just one feature of the 62-acre park.